

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Dimensions



								<p>AM Activities: Walk and Talk Exercise with Amanda iN2L programming Morning Snack PM Activities Movie Matinee Afternoon Snack</p> <p>1</p>		<p>AM Activities: Sweet Saturday's with Andrea Reminiscing Morning Snack PM Activities Movie Matinee with Popcorn iN2L programming</p> <p>2</p>			
<p>AM Activities: Eaglebrook Church Service Walk and Talk with Andrea Morning Devotional with Andrea Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Hand Massages</p> <p>3</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring</p> <p>4</p>		<p>AM Activities: Baking Bread Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Games with Amanda</p> <p>5</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Trivia and Reminiscing Movie Matinee iN2L programming Hand Massages with Amanda</p> <p>6</p>		<p>AM Activities: Worship Service/Sing Along Eaglebrook Devotional PM Activities iN2L programming Virtual Reality Sing Along with Mary Sue Afternoon Snack Walk and Talk Trivia with Andrea</p> <p>7</p>		<p>AM Activities: 9:30 Music for Life with Joey Morning Snack iN2L programming PM Activities Player Piano Music Afternoon Snack Travel Videos iN2L programming</p> <p>8</p>		<p>AM Activities: Exercise with Amanda iN2L programming Morning Snack Getting Crafty with Amanda/Gingerbread House Decorating Day PM Activities Movie Matinee with Popcorn iN2L programming</p> <p>9</p>	
<p>AM Activities: Eaglebrook Church Service Walk and Talk with Amanda Morning Devotional with Amanda Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Aromatherapy</p> <p>10</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring</p> <p>11</p>		<p>AM Activities: Baking Cookies Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Reminiscing with Amanda</p> <p>12</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Trivia and Reminiscing Movie Matinee iN2L programming Hand Massages with Amanda</p> <p>13</p>		<p>AM Activities: Worship Service/Sing Along Eaglebrook Devotional PM Activities iN2L programming Virtual Reality Sing Along with Susie Q Afternoon Snack Walk and Talk Arts & Crafts with Andrea</p> <p>14</p>		<p>AM Activities: Walk and Talk Exercise with Andrea Virtual Reality iN2L programming Morning Snack PM Activities Player Piano Music Afternoon Snack Travel Videos iN2L programming</p> <p>15</p>		<p>AM Activities: Sweet Saturday's with Andrea Reminiscing Morning Snack PM Activities Movie Matinee with Popcorn iN2L programming</p> <p>16</p>	
<p>AM Activities: Eaglebrook Church Service Walk and Talk with Andrea Morning Devotional with Andrea Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Hand Massages</p> <p>17</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring</p> <p>18</p>		<p>AM Activities: Baking Bread Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Games with Amanda</p> <p>19</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Trivia and Reminiscing Movie Matinee iN2L programming Hand Massages with Amanda</p> <p>20</p>		<p>AM Activities: Worship Service/Sing Along Eaglebrook Devotional PM Activities iN2L programming Virtual Reality Sing Along with Mary Sue Afternoon Snack Walk and Talk Trivia with Andrea</p> <p>21</p>		<p>AM Activities: 9:30 Music for Life with Joey Morning Snack iN2L programming PM Activities Player Piano Music Afternoon Snack Travel Videos iN2L programming</p> <p>22</p>		<p>AM Activities: Exercise with Amanda iN2L programming Morning Snack Getting Crafty with Amanda/Gingerbread House Decorating Day PM Activities Movie Matinee with Popcorn iN2L programming</p> <p>23</p>	
<p>AM Activities: Eaglebrook Church Service Walk and Talk with Amanda Morning Devotional with Amanda Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Aromatherapy</p> <p>24</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring</p> <p>25</p>		<p>AM Activities: Baking Cookies Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Reminiscing with Amanda</p> <p>26</p>		<p>AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Trivia and Reminiscing Movie Matinee iN2L programming Hand Massages with Amanda</p> <p>27</p>		<p>AM Activities: Worship Service/Sing Along Eaglebrook Devotional PM Activities iN2L programming Virtual Reality Sing Along with Susie Q Afternoon Snack Walk and Talk Arts & Crafts with Andrea</p> <p>28</p>		<p>AM Activities: Walk and Talk Exercise with Amanda Virtual Reality iN2L programming Morning Snack PM Activities Player Piano Music Afternoon Snack Travel Videos iN2L programming</p> <p>29</p>		<p>AM Activities: Sweet Saturday's with Andrea Reminiscing Morning Snack PM Activities Movie Matinee with Popcorn iN2L programming</p> <p>30</p>	
<p>AM Activities: Eaglebrook Church Service Walk and Talk with Andrea Morning Devotional with Andrea Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Hand Massages</p> <p>31</p>		<p>THE PILLARS OF WHITE BEAR LAKE</p> <p>SENIOR LIVING ASSISTED LIVING MEMORY CARE</p>											

The Pillars of White Bear Lake * 4650 Centerville Rd. White Bear Lake, MN 55127 * 651-653-3288

