




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
AM Activities: Eaglebrook Church Service Walk and Talk with Amanda Morning Devotional with Amanda Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn November Trivia	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring Aromatherapy	AM Activities: Baking Cookies Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Reminiscing with Amanda	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality with Amanda Coloring Movie Matinee with Popcorn iN2L programming Hand Massages with Amanda	AM Activities: Worship Service with Chaplain Crag PM Activities iN2L programming Virtual Reality Sing Along with Susie Q Afternoon Snack Manicures Trivia with Andrea	AM Activities: 9:30 Music for Life with Joey Morning Snack iN2L programming PM Activities Player Piano Music Afternoon Snack Travel Videos	AM Activities: Sweet Saturday's with Andrea Reminiscing Morning Snack PM Activities Movie Matinee with Popcorn iN2L programming	
AM Activities: Eaglebrook Church Service Walk and Talk with Andrea Morning Devotional with Andrea Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Hand Massages	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring Aromatherapy	AM Activities: Baking Bread Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Games with Amanda	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality with Amanda Coloring Movie Matinee with Popcorn iN2L programming-Veterans Day Hand Massages with Amanda	AM Activities: Worship Service with Chaplain Crag PM Activities iN2L programming Virtual Reality Sing Along with Mary Sue Afternoon Snack Manicures Arts & Crafts with Andrea	AM Activities: Walk and Talk Exercise with Amanda Virtual Reality iN2L programming Morning Snack PM Activities Player Piano Music Afternoon Snack Travel Videos	AM Activities: Exercise with Amanda iN2L programming Morning Snack Getting Crafty with Amanda PM Activities Movie Matinee with Popcorn iN2L programming	
AM Activities: Eaglebrook Church Service Walk and Talk with Amanda Morning Devotional with Amanda Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Aromatherapy	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring Aromatherapy	AM Activities: Baking Cookies Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Reminiscing with Amanda	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality with Amanda Coloring Movie Matinee with Popcorn iN2L programming Hand Massages with Amanda	AM Activities: Worship Service with Chaplain Crag PM Activities iN2L programming Virtual Reality Sing Along with Susie Q Afternoon Snack Manicures Trivia with Andrea	AM Activities: 9:30 Music for Life with Joey Morning Snack iN2L programming PM Activities Player Piano Music Afternoon Snack Travel Videos	AM Activities: Exercise with Amanda iN2L programming Morning Snack Getting Crafty with Amanda PM Activities Movie Matinee with Popcorn iN2L programming	
AM Activities: Eaglebrook Church Service Walk and Talk with Amanda Morning Devotional with Amanda Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn What are you thankful for?	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring Aromatherapy	AM Activities: Baking Bread Daily Devotional iN2L programming Morning Snack PM Activities Walk and Talk 2:00 Living Spirit Music Therapy- Zoom Afternoon Snack Games with Amanda	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality with Amanda Coloring Movie Matinee with Popcorn iN2L programming Hand Massages	<div style="text-align: center;"> <p><i>Happy Thanksgiving!</i></p>  </div>	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Player Piano Music Afternoon Snack Travel Videos	AM Activities: Sweet Saturday's with Andrea Reminiscing Morning Snack PM Activities Movie Matinee with Popcorn iN2L programming	
AM Activities: Eaglebrook Church Service Walk and Talk with Andrea Morning Devotional with Andrea Morning Snack iN2L programming PM Activities Movie Matinee with Popcorn Hand Massages	AM Activities: Walk and Talk Exercise with Andrea iN2L programming Morning Snack PM Activities Virtual Reality Manicures Old Time Shows Afternoon Snack Coloring Aromatherapy						

November 2020

Dimensions

The Pillars of White Bear Lake * 4650 Centerville Rd. White Bear Lake, MN 55127 * 651-653-3288