

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:00a Chair Exercise- Channel 1-2 1
10:30a Trivia Question- Channel 1-1
11:00a Trivia with Kerri- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart
3:00p TED Talk with Amanda- Community Room
3:00p Biography- Channel 1-2

9:00a Chair Exercise- Channel 1-2 2
9:45a Exercise with Kerri- Community Room
10:30a Trivia Question- Channel 1-1
11:00a Manicures- Community Room
11:00a TED TALK- Channel 1-2
2:00 Traveling Snack Cart
3:00p Movie: God Bless The Broken Road- Community Room
3:00p Music- Channel 1-2

9:00a Chair Exercise- Channel 1-2 3
10:30a Trivia Question- Channel 1-1
11:00a Church with Chaplain Chris- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
1:00p Church with Chaplain Chris- Community Room
2:00 Traveling Snack Cart
3:00p Documentary- Channel 1-2

9:00a Chair Exercise- Channel 1-2 4
10:00a Country Drive- Outing with the Van
10:30a Trivia Question- Channel 1-1
11:00a Current Events- Community Room
11:00a Aerial America- Channel 1-2
2:00 Traveling Happy Hour Cart: Scotch Eggs
3:00p Happy Hour Music- Channel 1-2

9:00a Chair Yoga- Channel 1-2 5
9:45a Chair Yoga with Amanda- Community Room
11:00a Educational Video- Channel 1-2
2:00 Traveling Snack Cart: Mini Waffle Sundaes
3:00p Movie- Channel 1-2
3:00p Movie Amanda's Choice- Community Room

9:00a Woodbury Lutheran Church Service- Channel 1-2 6
11:00a Devotional with Amanda- Community Room
11:00a Eagle Brook Devotional Message- Channel 1-2
1:30p Movie Amanda's Choice- Community Room
2:00 Traveling Snack Cart
3:00p Movie- Channel 1-2

9:00a Chair Exercise- Channel 1-2 7
9:45a Exercise with Kerri- Community Room
10:30a Trivia Questions- Channel 1-1
11:00a Bingo- Community Room
11:00a Travel Video with Rick Steves- Channel 1-2
2:00p Traveling Snack Cart
3:00p Bingo- Community Room
3:00p Music- Channel 1-2

9:00a Chair Exercise- Channel 1-2 8
10:30a Trivia Question- Channel 1-1
11:00a Church with Chaplain Craig- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart: Strawberries N' Cream Nachos
3:00p Church with Chaplain Craig- Community Room
3:00p Biography- Channel 1-2

9:00a Chair Exercise- Channel 1-2 9
9:45a Exercise with Kerri- Community Room
10:30a Trivia Question- Channel 1-1
11:00a To Go Treats with Terrence- Community Room
11:00a TED TALK- Channel 1-2
2:00 Traveling Snack Cart: Cheese Curds
2:45p Country Drive- Outing with the Van
3:00p Book Club- Community Room
3:00p Music- Channel 1-2

9:00a Chair Exercise- Channel 1-2 10
10:30a Trivia Question- Channel 1-1
11:00a Trivia with Kerri- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart:
3:00p Movie: The Lost Husband- Community Room
3:00p Documentary- Channel 1-2

9:00a Chair Exercise- Channel 1-2 11
9:45a Educational Session with Kerri- Community Room
10:30a Trivia Question- Channel 1-1
11:00 Social Hour- Community Room
11:00a Aerial America- Channel 1-2
2:00 Traveling Happy Hour Cart: Al Pastor Waffle
3:00p Happy Hour Music- Channel 1-2

9:00a Chair Yoga- Channel 1-2 12
11:00a Educational Video- Channel 1-2
2:00 Traveling Snack Cart: Snickerdoodle Ice Cream Sandwich
3:00p Movie- Channel 1-2
3:00p Movie Andrea's Choice- Community Room

National Assisted Living Week 13
Environmental Services Week
9:00a Woodbury Lutheran Church Service- Channel 1-2
11:00a Devotional with Andrea- Community Room
11:00a Eagle Brook Devotional Message- Channel 1-2
1:30 Movie Andrea's Choice- Community Room
2:00 Traveling Snack Cart
3:00p Movie- Channel 1-2

Pajama Day 14
9:00a Chair Exercise- Channel 1-2
9:45a Exercise with Kerri- Community Room
10:30a Trivia Questions- Channel 1-1
11:00a Theme Bingo- Community Room
11:00a Travel Video with Rick Steves- Channel 1-2
2:00p Traveling Snack Cart
3:00p Theme Bingo- Community Room
3:00p Music- Channel 1-2

1920's/Black & White Day 15
9:00a Chair Exercise- Channel 1-2
10:30a Trivia Question- Channel 1-1
11:00a Church with Chaplain Craig- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart: Deep Fried Oreos
3:00p Church with Chaplain Craig- Community Room
3:00p Biography- Channel 1-2

Drive-In Day 16
9:00a Chair Exercise- Channel 1-2
9:45a Exercise with Kerri- Community Room
10:30a Trivia Question- Channel 1-1
11:00a Movie Trivia- Community Room
11:00a TED TALK- Channel 1-2
2:00 Traveling Snack Cart
3:00p Movie Day: Roped
3:00p Music- Channel 1-2
4:30 FIRE DRILL

Farm Day 17
9:00a Chair Exercise- Channel 1-2
10:30a Trivia Question- Channel 1-1
11:00a Ring Toss Around the Cows- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart: Mini Pronto Pups
3:00p Virtual Reality- Feeding Farm Animals- Community Room
3:00p Documentary- Channel 1-2

Gopher Day 18
9:00a Chair Exercise- Channel 1-2
10:00a Country Drive- Outing with the Van
10:30a Trivia Question- Channel 1-1
11:00a Social Hour- Community Room
11:00a Greatest Sports Moments- Channel 1-2
2:00 Traveling Happy Hour Cart: Onion Jam Brisket Grilled Cheese
3:00p Happy Hour Music- Channel 1-2

9:00a Chair Yoga- Channel 1-2 19
9:45a Chair Yoga with Amanda- Community Room
11:00a Educational Video- Channel 1-2
2:00 Traveling Snack Cart
3:00p Movie- Channel 1-2
3:00p Movie Amanda's Choice- Community Room

9:00a Woodbury Lutheran Church Service- Channel 1-2 20
11:00a Devotional with Amanda- Community Room
11:00a Eagle Brook Devotional Message- Channel 1-2
1:30 Movie Amanda's Choice- Community Room
2:00 Traveling Snack Cart
3:00p Movie- Channel 1-2

9:00a Chair Exercise- Channel 1-2 21
9:45a Exercise with Kerri- Community Room
10:30a Trivia Questions- Channel 1-1
11:00a Bingo- Community Room
11:00a Travel Video with Rick Steves- Channel 1-2
2:00p Traveling Snack Cart
3:00p Bingo- Community Room
3:00p Music- Channel 1-2

9:00a Chair Exercise- Channel 1-2 22
10:30a Trivia Question- Channel 1-1
11:00a Church with Chaplain Craig- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart: Deep Fried Candy Bars
3:00p Church with Chaplain Craig- Community Room
3:00p Biography- Channel 1-2

9:00a Chair Exercise- Channel 1-2 23
10:00a Resident Council- Community Room
11:00a TED TALK- Channel 1-2
1:45p Resident Council- Community Room
2:00 Traveling Snack Cart: Fresh Seasoned Fry Cup
2:45p Country Drive- Outing with the Van
3:00p Music- Channel 1-2

9:00a Chair Exercise- Channel 1-2 24
10:30a Trivia Question- Channel 1-1
11:00a Trivia with Kerri- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart: Mini Cookie Cup
3:00p Movie: The Story of Us- Community Room
3:00p Documentary- Channel 1-2

9:00a Chair Exercise- Channel 1-2 25
9:45a Educational Session with Kerri- Community Room
10:30a Trivia Question- Channel 1-1
11:00 Social Hour- Community Room
11:00a Aerial America- Channel 1-2
2:00 Traveling Happy Hour Cart: Gyro Pizza
3:00p Happy Hour Music- Channel 1-2

9:00a Chair Yoga- Channel 1-2 26
11:00a Educational Video- Channel 1-2
2:00 Traveling Snack Cart
3:00p Movie- Channel 1-2
3:00p Movie Andrea's Choice- Community Room

9:00a Woodbury Lutheran Church Service- Channel 1-2 27
11:00a Devotional with Andrea- Community Room
11:00a Eagle Brook Devotional Message- Channel 1-2
1:30 Movie Andrea's Choice- Community Room
2:00 Traveling Snack Cart
3:00p Movie- Channel 1-2

9:00a Chair Exercise- Channel 1-2 28
9:45a Exercise with Kerri- Community Room
10:30a Trivia Questions- Channel 1-1
11:00a Bingo- Community Room
11:00a Travel Video with Rick Steves- Channel 1-2
2:00p Traveling Snack Cart
3:00p Bingo- Community Room
3:00p Music- Channel 1-2

9:00a Chair Exercise- Channel 1-2 29
10:30a Trivia Question- Channel 1-1
11:00a Church with Chaplain Craig- Community Room
11:00a Eagle Brook Devotional- Channel 1-2
2:00 Traveling Snack Cart
3:00p Church with Chaplain Craig- Community Room
3:00p Biography- Channel 1-2

9:00a Chair Exercise- Channel 1-2 30
9:45a Exercise with Kerri- Community Room
10:30a Trivia Question- Channel 1-1
11:00a Manicures- Community Room
11:00a TED TALK- Channel 1-2
2:00 Traveling Snack Cart
3:00p Book Club- Community Room
3:00p Music- Channel 1-2

THE PILLARS OF WHITE BEAR LAKE SENIOR LIVING | ASSISTED LIVING | MEMORY CARE
September 2020
Independent/Assisted Living
EBENEZER

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