



THE PILLARS OF PROSPECT PARK

SENIOR LIVING | ASSISTED LIVING | MEMORY CARE

June 2022



JUNE 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Meeting Places

- D3 Dimensions 3
- D2 Dimensions 2
- 7CR 7th Floor Community Room
- PL Pillars Lobby
- PFE Pillars Front Entrance/Outdoors
- CG Community Gardens (Towerside)
- DR1 Dining Room

Activities subject to change. Check CareMerge for updates.

01	02	03	04 Night of Shavuot
All Day 1:1 Visits All Day Essential Beauty On-Site 10:00a Kids Corner - Writing Cards D2 11:00a Kids Corner - Writing Cards D3 01:00p Nail Care D3 01:30p Small Group Mvmt with OT D2 02:00p Snack D3 02:30p Nail Care D2 02:30p Small Group Mvmt with OT D3 02:30p Snack D2 04:00p Dice with OT Students D3	All Day Message Therapist, Ellen, On-Site 10:00a CANCELLED: Grandfriends Music for Life with MacPhail D2 11:00a CANCELLED: Sun Room Visits: Bubbles! D3 11:00a Rocky Roads - Music Sessions D2 02:00p Celebrate Lara D2 02:30p Chair Massages with Ellen D2 02:30p Snack D3 03:00p Celebrate Lara D3 03:30p Snack D2	10:00a Chair Yoga with Jes D2 10:15a House of Cards with OT Students D3 10:45a House of Cards with OT Students D3 11:15a Kids Corner - Bubbles on the Playground PL 01:00p Nail Care D3 02:00p Small Groups - Casey at Bat D2 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2 03:00p Small Groups - Casey at Bat D3	All Day 1:1 Visits 10:00a Coffee & Chronicles D2 11:30a Morning Movement D2 01:30p Crafting with Kat: Pride Banner D2 02:00p Snack D3 02:30p Snack D2 03:00p Crafting with Kat: Pride Banner D3
05 Shavuot	06 Shavuot	07	08
10:00a Coffee & Chronicles D2 11:00a Coffee & Chronicles D3 01:00p 1:1 Time D2 03:00p Community Project: Wood Block Puzzle D2 03:00p Snack: Popcorn D3 03:30p Snack: Popcorn D2 04:00p Afternoon Walks Around the Pillars D2 06:00p Pillars Cinema: Pride D3 06:15p Pillars Cinema: Pride D2	All Day Essential Beauty On-Site All Day Samiya M's Birthday! 10:15a Outdoor Llama Llama Storytime PFE 11:05a Drumming with Marisa D2 11:15a Morning Movement D3 02:00p Llamas Visit PFE 02:00p Piano with John Bury D2 02:00p Snack D3 02:30p Snack D2 03:00p Piano with John Bury D3 04:00p Crafting Creations Circle: Knitting, Quilting, Crocheting D2	10:30a Garden Club with Erin D2 11:00a Pound Fitness D3 01:15p Music Sessions - Karaoke D2 01:15p Small Group Walks D3 02:00p Nail Care D3 02:30p Music Sessions - Karaoke D3 02:30p Snack D2	All Day Essential Beauty On-Site 10:15a Intergen Project: Fossils D2 10:15a Rock-a-Bye Club D3 11:00a Small Groups D2 01:00p Nail Care D3 02:00p Picnic in the Park! CG 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2 03:00p Small Groups with Brooklyn D3 03:00p Small Groups with Erin - Balance Assessments D2
09	10	11	12
All Day Message Therapist, Ellen, On-Site 10:00a Grandfriends Music for Life D2 11:00a Sun Room Visits: Fossils D3 11:00a Active Games D2 02:00p What's Cooking: Happy Hour D3 02:30p Chair Massages with Ellen D2 02:30p Snack D3 03:00p Patio Time D2 03:15p Music & Movement D3 03:30p Snack D2 04:00p Chair Massages with Ellen D3	10:00a Chair Yoga with Jes D3 11:00a Kids Corner - Outdoor Fun! D2 11:00a House of Cards with OT Students D3 01:00p Nail Care D3 02:00p What's Cooking: Happy Hour D3 02:30p Nail Care D2 02:30p Snack D2	All Day 1:1 Visits 10:00a Coffee & Chronicles D2 11:30a Morning Movement D2 01:30p Patio Time (Weather Permitting) D2 02:00p Snack D3 02:30p Snack D2 03:00p Patio Time (Weather Permitting) D3	10:00a Coffee & Chronicles D2 11:00a Coffee & Chronicles D3 01:00p 1:1 Time D2 03:00p Community Project D2 03:00p Snack: Popcorn D3 03:30p Snack: Popcorn D2 04:00p Afternoon Walks Around the Pillars D2 06:00p Pillars Cinema: The Prom D3 06:15p Pillars Cinema: The Prom D2
13	14	15	16
All Day Essential Beauty On-Site 10:30a A Celebration of The People, Juneteenth with Jamela Pettiford 7CR 02:00p Piano with John Bury D2 02:00p Snack D3 02:30p Snack D2 03:00p Piano with John Bury D3 04:00p Crafting Creations Circle: Knitting, Quilting, Crocheting D2	All Day Flag Day 10:30a Garden Club with Erin D3 11:00a Pound Fitness D2 01:15p Music Sessions - Glockenspiel Jam Session D2 01:15p Small Group Walks D3 02:00p Snack D3 02:30p Snack D2 03:00p Music Sessions - Glockenspiel Jam Session D3	All Day Essential Beauty On-Site 10:00a Grandfriends Music for Life with MacPhail D3 11:00a Balance 101 with Erin D3 11:00a Small Groups D2 01:00p Nail Care D3 01:30p Small Group Walks D2 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2 03:00p Small Groups with Brooklyn D3	All Day Message Therapist, Ellen, On-Site All Day Sydna's Birthday! 10:15a Intergen Project D2 11:00a Sun Room Visits D3 11:00a Active Games D2 02:00p What's Cooking D2 02:00p Devotions D3 02:30p Chair Massages with Ellen D2 02:30p Snack D3 03:00p Patio Time D2 03:30p Snack D2 04:00p Chair Massages with Ellen D3
17	18	19 Father's Day	20
10:00a Chair Yoga with Jes D2 11:00a Kids Corner - Outdoor Fun! D2 11:00a House of Cards with OT Students D3 01:00p Nail Care D3 02:00p MacPhail Hour - Sue Ruby, Pianist 7CR 02:00p Rock-a-Bye Club D3 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2	All Day 1:1 Visits 10:00a Coffee & Chronicles D2 11:30a Morning Movement D2 02:00p Westminster Dog Show Watch Party D2 02:00p Snack D3 02:30p Snack D2 03:00p Westminster Dog Show Watch Party D3	All Day Juneteenth 10:00a Coffee & Chronicles D2 11:00a Coffee & Chronicles D3 01:00p 1:1 Time D2 03:00p Community Project D2 03:00p Snack: Popcorn D3 03:30p Snack: Popcorn D2 04:00p Afternoon Walks Around the Pillars D2 06:00p Pillars Cinema: Miss Juneteenth D3 06:15p Pillars Cinema: Miss Juneteenth D2	All Day Elias's 2nd Birthday! All Day Essential Beauty On-Site 11:00a Morning Movement D2 11:05a Drumming with Marisa D2 02:00p Piano with John Bury D2 02:00p Snack D3 02:30p Snack D2 03:00p Piano with John Bury D3 04:00p Crafting Creations Circle: Knitting, Quilting, Crocheting D2 05:00p Family Council 7CR
21	22	23	24
All Day Summer Solstice 10:30a Garden Club with Erin D2 11:00a Pound Fitness D3 01:15p Music Sessions - Hymn Sing D2 01:15p Small Group Walks D3 02:00p Snack D3 02:30p Snack D2 03:00p Music Sessions - Hymn Sing D3	All Day Essential Beauty On-Site 10:00a Grandfriends Music for Life with MacPhail D2 10:30a Balance Class with Hillary 7CR 11:00a Small Groups D2 01:00p Nail Care D3 02:00p Trip to Como Park PFE 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2	All Day Message Therapist, Ellen, On-Site 10:15a Intergenerational Project D2 10:45a Pillars Pride Parade! PFE 11:45a Peace Project - Pride Brunch DR1 02:00p What's Cooking D3 02:30p Chair Massages with Ellen D2 02:30p Snack D3 03:00p Patio Time D2 03:15p Music & Movement D3 03:30p Snack D2 04:00p Chair Massages with Ellen D3	10:00a Chair Yoga with Jes D3 11:00a Kids Corner - Outdoor Fun! D2 11:00a House of Cards with OT Students D3 01:00p Nail Care D3 02:00p Rock-a-Bye Club D3 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2
25	26	27	28
All Day Twin Cities Pride Festival All Day 1:1 Visits 10:00a Coffee & Chronicles D2 11:30a Morning Movement D2 01:30p Crafting with Kat: 4th of July D2 02:00p Snack D3 02:30p Snack D2 03:00p Crafting with Kat: 4th of July D3	All Day Twin Cities Pride Festival 10:00a Coffee & Chronicles D2 11:00a Coffee & Chronicles D3 01:00p 1:1 Time D2 03:00p Community Project D2 03:00p Snack: Popcorn D3 03:30p Snack: Popcorn D2 04:00p Afternoon Walks Around the Pillars D2 06:00p Pillars Cinema D3 06:15p Pillars Cinema D2	All Day Essential Beauty On-Site 11:00a Chair Yoga with Brooklyn D3 11:00a Small Groups D2 01:30p PoPP Mini-TED Talk with Jay Benedict: Pride, Beyond the Party 7CR 02:00p Piano with John Bury D2 02:00p Snack D3 02:30p Snack D2 03:00p Piano with John Bury D3 04:00p Crafting Creations Circle: Knitting, Quilting, Crocheting D2	All Day Judy N's Birthday! 10:30a Garden Club with Erin D3 11:00a Pound Fitness D2 01:15p Music Sessions - Uke Jam! D2 01:15p Small Group Walks D3 02:00p Snack D3 02:30p Snack D2 03:00p Music Sessions - Uke Jam! D3
29	30		
All Day Essential Beauty On-Site 10:00a Grandfriends Music for Life with MacPhail D3 11:00a Small Groups D2 01:00p Nail Care D3 01:30p Small Group Walks D2 02:00p Snack D3 02:30p Nail Care D2 02:30p Snack D2 03:00p Small Groups with Brooklyn D3	All Day Message Therapist, Ellen, On-Site 10:15a Intergenerational Project D2 11:00a Sun Room Visits D3 11:00a Active Games D2 02:00p Devotions D3 02:30p Chair Massages with Ellen D2 02:30p Snack D3 03:00p Patio Time D2 03:30p Snack D2 04:00p Chair Massages with Ellen D3		