

March 2020

Activities Calendar



Dimensions

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday	7 Saturday
Exercise 1:00 Music Therapist: Karen Hillman 2:30 Prize Bingo – RR 5:00 Music - Jim Roth	Exercise 2:15 Clarinet Trio - DR 3:15 Scrabble - CR	Exercise 2:00 Music Memories w/ Barbara Lee – CH4	Exercise 2:30 Social Hour- CR 4:30 Singing Cowgirl	1:30 Wellness VR Virtual Reality	10:30 Coloring – T2 1:00 Saturday Cinema – T2
9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday	14 Saturday
Exercise 2:30 Prize Bingo – RR 5:00 Music - Jim Roth	Exercise 1:30 Music Therapist: Karen Hillman 3:15 Scrabble - CR	Exercise	Exercise 1:30 Tim Patrick - CR 2:30 Social Hour- CR	9:30-11:00 Social Worker, Therese Buckley - RR Exercise 1:30 Wellness VR Virtual Reality	10:30 Coloring – T2
16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday	21 Saturday
Exercise 12:30 Dog visit from "Molly & Ellie" 2:30 Prize Bingo – RR 5:00 Music - Jim Roth	Happy St. Patrick's Day Exercise 1:30 Music Therapist: Karen Hillman 2:30-4:00 St. Patrick's Day Party - CR	Exercise 2:15 Health Rhythms: Drumming - DR	First Day of Spring! Exercise 1:15 Michael Riddle- CR 2:30 Social Hour- CR	10:30 Church Service w/ Pastor Hanson- CH4 10:30 Catholic Mass-CHI 1:30 Wellness VR Virtual Reality	10:30 Coloring – T2 1:00 Saturday Cinema – T2
8 Sunday					
10:30 Catholic Mass-CHI					
15 Sunday					
10:30 Catholic Mass-CHI					
22 Sunday					
10:30 Catholic Mass-CHI					

March 2020

Activities Calendar



Dimensions

23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday	28 Saturday
Exercise 2:30 Prize Bingo – RR 3:30 Music Therapist: Karen Hillman 5:00 Music - Jim Roth	Exercise 1:15 Sweet Feet: Movement & Dance – DR 2:45 Karen Cultural Event - CR 3:15 Scrabble – CR	Exercise 1:30 MacPhail Hour: Soprano & Piano- CR	Exercise 1:15 Michael Riddle-CR 2:30 Social Hour- CR 3:07 Twins Season Opener	9:30-11:00 Social Worker, Therese Buckley - RR Exercise 1:30 Wellness VR Virtual Reality - RR	10:30 Coloring – T2 1:00 Saturday Cinema – T2 29 Sunday 10:30 Catholic Mass-CHI
30 Monday	31 Tuesday				
Exercise 12:30 Dog visit from “Molly & Ellie” 2:30 Prize Bingo – RR 5:00 Music - Jim Roth	Exercise 3:15 Antiques Show & Tell – CH4 3:15 Scrabble – CR				
		1925 Norfolk Ave. St. Paul, MN 55116 651-699-4038	L – Lobby DR – Dining Room RR – River Room T2 – 2 nd floor Theater W3 – 3 rd floor Wellness Rm CH4 – 4 th floor Chapel D – Dimensions	CR – Community Room CHI-Chapel @ Independent Living	<p>Calendar is subject to change</p> <p>Check for daily updates and additions</p>