

THE PILLARS SENIOR LIVING LIFE AS IT SHOULD BE

JOURNEY PROGRAM



The Ebenezer Journey Program is designed for couples who live together in the same apartment, but who have differing care needs. The Journey Program offers an affordable break for a spouse caregiver by providing meaningful and engaging programming for the spouse living with dementia.

Our goal is to make a dramatic difference for your loved one by allowing them to experience the special programming available in Ebenezer's memory care neighborhoods. The Journey Program can also act as a bridge between Assisted Living and Memory Care. It can help ease the transition into this new setting for both the individual with memory loss and their family.

Staying active and interacting with others helps older adults maintain self-worth and independence. We work with each Journey Program participant to meet his or her needs and interests. We offer a variety of recreational and social activities as well as optional quiet time alone for those who need a break. Some of the activities in our Program, include:

- Exercise
- Cooking/Baking
- Trivia (reminiscing and current events)
- Parties and Special Events

- Arts and Crafts
- Live Music
- Live Entertainment
- Pet Visits
- WellnessVR is a virtual reality based programming for seniors.
- iN2L is the nation's leading provider of person-centered engagement. The Pillars of Highland Park offers this state-of-the-art system thru touch screen technology and picture-based software.

Things to know

- To attend, participants must be clients of our Ebenezer Home Care.
- Loved ones of participants must sign up for scheduled Journey program dates and times.
- Extended hours and times are available.
- Program charges vary from community to community.
- Meals and snacks for participants are included in the Journey Program.
- Medication and incontinence care can only be provided if the participant is already receiving this service through our Home Care Department.

WE HAVE 6 PILLARS LOCATIONS

Grand Rapids | Highland Park | Prospect Park
Mankato | Shorewood | White Bear Lake

THE PILLARS



PILLARSENIORLIVING.COM

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EBENEZER