

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2021

## Dimensions

Activities are subject to change. Surfaces before and after activities are cleaned and sanitized.

				<b>Rockefeller Christmas Tree Lighting</b> AM Activities Exercise 10:30 Dance Class with Christopher Yaeger PM Activities Balloon Volleyball Bingo Cookie Social iN2L programming 4:15 Dinner Music with Jim Roth	<b>AM Activities</b> Exercise Morning Smoothies Worship/Sing/Service PM Activities 1:15 Music with the Singing Cowgirl Cheese and Cracker Social Bean Bag Toss 4:15 Dinner Music with Jim Roth	<b>AM Activities</b> Exercise 9:30 Music for Life with Joey Morning Smoothies PM Activities Making an Appetizer Cheesy Baked Vidalia Onion Dip 1:30 Living Spirit Music Therapy with Annie Mocktail Social iN2L programming	<b>National Cookie Day</b> AM Activities Exercise iN2L programming Morning Smoothies PM Activities Making Cookies Bowling Movie with Popcorn
<b>AM Activities</b> Worship Service/Sing Along/Spiritual Eldercare 10:30 Therapy Dog KC with handler Laura PM Activities 12:00p Minnesota Vikings at Detroit Lions CBS Manicures/Hand Massages Puzzles	<b>AM Activities</b> Exercise 10:00 Drumming with Lori Morning Smoothies PM Activities Making a Holiday Appetizer: Christmas Skewers Bingo You Be the Judge iN2L programming	<b>AM Activities</b> Exercise Morning Smoothies iN2L programming PM Activities Bowling Crafts and Cookies Jukebox Sing Along iN2L programming	<b>National Brownie Day</b> AM Activities Exercise 10:30 Dance Class with Christopher Yaeger PM Activities Making Grinch Brownies Reminiscing Balloon Volleyball iN2L programming 4:15 Dinner Music with Jim Roth 5:30p Outing: Christmas Lights	<b>National Christmas Card Day</b> AM Activities Exercise Morning Smoothies Worship/Sing/Service PM Activities Making Christmas Cards Bean Bag Toss Cheese and Cracker Social iN2L programming 4:15 Dinner Music with Jim Roth	<b>AM Activities</b> Exercise Morning Smoothies iN2L programming PM Activities Making Christmas Wreath Treats 1:30 Living Spirit Music Therapy with Annie Mocktail Social iN2L programming	<b>AM Activities</b> Exercise iN2L programming Morning Smoothies PM Activities Sing Along Movie with Popcorn	
<b>AM Activities</b> Worship Service/Sing Along/Spiritual Eldercare PM Activities Manicures/Hand Massages Puzzles Coloring	<b>National Hot Chocolate Day</b> AM Activities Exercise Morning Smoothies iN2L programming PM Activities Making Holiday Appetizer- Puffs Reminiscing Balloon Volleyball iN2L programming	<b>AM Activities</b> Exercise Morning Smoothies Travel Tales Tuesday PM Activities Crafts and Cookies- Making Christmas Ornaments Finish the Saying iN2L programming	<b>AM Activities</b> Exercise 10:30 Dance Class with Christopher Yaeger PM Activities Making a Holiday Charcuterie Board Christmas Caroling Holiday Dinner 4:15 Dinner Music with Jim Roth	<b>AM Activities</b> Exercise Morning Smoothies Worship/Sing/Service PM Activities Making a Holiday Cheeseball Christmas Movie with Hot Chocolate iN2L programming 4:15 Dinner Music with Jim Roth	<b>National Christmas Sweater Day</b> AM Activities 9:30 Music for Life with Joey Morning Smoothies iN2L programming PM Activities 1:30 Living Spirit Music Therapy with Annie Making an Appetizer Hot Reuben Dip Mocktail Social	<b>AM Activities</b> Exercise iN2L Programming Making Homemade Bread PM Activities Bread Social Parachute Movie with Popcorn	
<b>AM Activities</b> Worship Service/Sing Along/Spiritual Eldercare PM Activities Manicures/Hand Massages Puzzles	<b>It's A Wonderful Life Anniversary</b> AM Activities Exercise Morning Smoothies Making Homemade Bread PM Activities Making Peppermint Dip Bread Social 2:00 Music with Michael Larson iN2L programming 7:15p Minnesota Vikings at Chicago Bears ESPN	<b>First Day of Winter</b> AM Activities Exercise Morning Smoothies First Day of Winter Reminiscing PM Activities Baking Christmas Cookies Christmas Movies with Hot Chocolate iN2L programming	<b>AM Activities</b> Exercise Morning Smoothies iN2L programming PM Activities Christmas Caroling Cheese and Crackers Social Reminiscing 4:15 Dinner Music with Jim Roth 5:30p Outing: Christmas Lights	<b>AM Activities</b> Exercise Morning Smoothies Worship/Sing/Service PM Activities Making Holiday Pretzel Rods 1:30 Living Spirit Music Therapy with Annie Christmas Movie and Hot Chocolate 4:15 Dinner Music with Jim Roth	<b>National Egg Nog Day</b> AM Activities Exercise Morning Smoothies iN2L programming PM Activities Balloon Volleyball Egg Nog Social Read Twas The Night Before Christmas Lyric with Leon iN2L Programming		
<b>AM Activities</b> Worship Service/Sing Along/Spiritual Eldercare PM Activities 12:00p Minnesota Vikings vs. Los Angeles Rams FOX Manicures/Hand Massages Puzzles Coloring	<b>AM Activities</b> Exercise Morning Smoothies iN2L programming PM Activities Jukebox Sing Along Bean Bag Toss Manicures and Hand Massages iN2L programming	<b>AM Activities</b> Exercise Morning Smoothies Making Homemade Bread Travel Tales Tuesday PM Activities Balloon Volleyball Virtual Reality Homemade Bread Social iN2L Programming	<b>AM Activities</b> Exercise Morning Smoothies iN2L programming PM Activities Crafts and Cookies Bingo Manicures/Hand Massages iN2L Programming 4:15 Dinner Music with Jim Roth	<b>National Bacon Day</b> AM Activities Exercise Morning Smoothies Worship/Sing/Service PM Activities Bowling Making Bacon Crack Reminiscing iN2L programming 4:15 Dinner Music with Jim Roth	<b>AM Activities</b> Exercise Morning Smoothies iN2L programming Making Gold Glitter Dipped Oreos PM Activities Making Homemade Sliders New Year's Eve Social Lyric with Leon iN2L Programming		

