

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1</p> <p>9:00 Eaglebrook Bible Study/Devotions 10:30 Therapy Dog KC and Laura Visits 1:00 Movie & Popcorn 3:00 Hymn Sing Along 5:00 Manicures- (RA Led)</p>	<p>2</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Walk & Talk 2:00 Smoothies 2:30 Prize Bingo 3:00 Entertainment: Kent "Party of One"-DR 3:30 Armchair Traveler 5:00 Games with Amanda</p>	<p>3</p> <p>10:00 Exercise with Stephanie 10:00 Catholic Communion 10:45 News & Views 1:00 Wellness VR (Virtual Reality) 2:00 Spiritual Enrichment 2:30 Coffee & Cookies 3:00 Arts & Crafts 5:00 Aromatherapy Hand Massages with Amanda</p>	<p>4</p> <p>10:00 Morning Stretch 10:45 Trivia 1:00 Poetry with Diane 2:30 Snack Social 3:00 Reminiscing 4:30 Dinner Music with Jim Roth 6:00 Movie Night</p>	<p>5</p> <p>9:30 Worship with Pastor Craig 10:15 Exercise with Kerri 1:00 Living Spirit Music Therapy 2:00 Baking with Kim 3:00 Puzzle Time 4:30 Dinner Music with Jim Roth</p>	<p>6</p> <p>10:15 Exercise with Amanda 10:45 News & Views 1:15 Sweet Feet Dancing with Tracy 2:00 Cooking with Amanda 3:30 Happy Hour with Music by Tim Patrick-DR</p>	<p>7</p> <p>9:30 Chair Yoga with Amanda 10:30 Trivia/Word Games 1:00 Movie Matinee & Popcorn 3:00 Music & Relaxation 5:00 Saturday Night Bowling League- (RA Led)</p>
<p>8</p> <p>9:00 Eaglebrook Bible Study/Devotions 10:00 Morning Stretch 1:00 Movie & Popcorn 3:00 Hymn Sing Along 5:00 Manicures- (RA Led)</p> <p>Daylight Saving Time Begins</p>	<p>9</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Walk & Talk 2:00 Smoothies 2:30 Prize Bingo 3:00 Entertainment: Robert Bozaich-DR 3:30 Armchair Traveler 5:00 Games with Amanda</p> <p>Purim Begins</p>	<p>10</p> <p>10:00 Exercise with Kerri 10:30 News & Views 1:00 Wellness VR (Virtual Reality) 1:30 MacPhail Hour-DR 2:00 Spiritual Enrichment 2:30 Coffee & Cookies 3:00 Arts & Crafts 5:00 Aromatherapy Hand Massages with Amanda</p>	<p>11</p> <p>9:50 Music for Life with Joey 1:00 Walk & Talk with Amanda 1:30 Word Games 2:30 Snack Social 3:00 Reminiscing 4:30 Dinner Music with Jim Roth 6:00 Movie Night</p>	<p>12</p> <p>9:30 Worship with Pastor Craig 10:15 Exercise with "Seniors Getting Pumped" 1:30 Sing Along with Gary Anderson 2:15 Birthday Social 4:30 Dinner Music with Jim Roth</p>	<p>13</p> <p>10:15 Exercise with Amanda 10:45 News & Views 1:00 Walk & Talk 2:00 Cooking with Amanda 3:00 Happy Hour-DR 4:00 Music by Bobby & Christine-DR</p>	<p>14</p> <p>10:00 Baking with Kim 10:30 Trivia/Word Games 1:00 Movie Matinee & Popcorn 3:30 Music & Relaxation 5:00 Saturday Night Bowling League- (RA Led)</p>
<p>15</p> <p>9:00 Eaglebrook Bible Study/Devotions 10:30 Therapy Dog Nash and Rachel Visits 1:00 Movie & Popcorn 3:00 Hymn Sing Along 5:00 Manicures- (RA Led)</p>	<p>16</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Walk & Talk 2:00 Shamrock Shakes 2:30 Prize Bingo 3:30 Armchair Traveler 5:00 Games with Amanda</p>	<p>17</p> <p>10:00 Living Roots Art Class with Crystal 10:00 Catholic Communion 1:00 Wellness VR (Virtual Reality) 2:00 Spiritual Enrichment 2:30 Coffee & Cookies 3:00 Arts & Crafts 3:45 St. Patrick's Day Happy Hour 5:00 Sing Along with Suzie</p> <p>St. Patrick's Day</p>	<p>18</p> <p>10:00 Morning Stretch 10:45 Trivia 1:00 Walk & Talk 1:30 Word Games 2:30 Snack Social 3:00 Reminiscing 4:30 Dinner Music with Jim Roth 6:00 Movie Night</p>	<p>19</p> <p>9:30 Worship with Pastor Craig 10:15 Exercise with Kerri 1:00 Living Spirit Music Therapy 2:00 Baking with Kim 3:00 Puzzle Time 4:30 Dinner Music with Jim Roth</p> <p>Spring Begins</p>	<p>20</p> <p>10:15 Exercise with Amanda 10:45 News & Views 1:00 Walk & Talk 1:30 Cooking with Amanda 3:30 Happy Hour-DR</p>	<p>21</p> <p>9:30 Chair Yoga with Amanda 10:30 Trivia/Word Games 1:00 Movie Matinee & Popcorn 3:00 Music & Relaxation 5:00 Saturday Night Bowling League- (RA Led)</p>
<p>22</p> <p>9:00 Eaglebrook Bible Study/Devotions 10:30 Therapy Dog Augie and Dee Visits 1:00 Movie & Popcorn 3:00 Hymn Sing Along 5:00 Manicures- (RA Led)</p>	<p>23</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Walk & Talk 1:00 Twin City Underwriters Q&A-"Is Your Prescription Drug Plan Working for You?" 2:00 Smoothies 2:30 Prize Bingo 3:00 Music by Diane & Lee-DR 5:00 Games with Amanda</p>	<p>24</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Wellness VR (Virtual Reality) 2:00 Parkinson Support Group-PR 2:00 Spiritual Enrichment 2:30 Coffee & Cookies 3:00 Arts & Crafts 5:00 Aromatherapy Hand Massages with Amanda</p>	<p>25</p> <p>9:50 Music for Life with Joey 1:00 Walk & Talk 1:45 Trivia & Snack Social 2:45 Music Therapy with My from Music Sense 4:30 Dinner Music with Jim Roth 5:00 Hotdish & Hospice- "Taking the Fear Out of Hospice"-hosted by St. Croix Hospice (Dinner at 5:00pm, presentation at 5:30pm) 6:00 Movie Night</p>	<p>26</p> <p>9:30 Worship with Pastor Craig 10:15 Exercise with "Seniors Getting Pumped" 1:00 Walk & Talk 1:30 Baking with Kim 3:00 Puzzle Time 4:30 Dinner Music with Jim Roth 5:00 Manicures with Kim</p>	<p>27</p> <p>10:00 Educational Speaker: David Jones-CR Presentation on Charles Lindbergh 10:15 Exercise with Amanda 10:45 News & Views 1:00 Walk & Talk 1:30 Cooking with Amanda</p>	<p>28</p> <p>10:00 Baking with Kim 10:30 Trivia/Word Games 1:00 Movie Matinee & Popcorn 3:00 Music & Relaxation 5:00 Saturday Night Bowling League- (RA Led)</p>
<p>29</p> <p>9:00 Eaglebrook Bible Study/Devotions 10:00 Puzzles 1:00 Movie & Popcorn 3:00 Hymn Sing Along 5:00 Manicures- (RA Led)</p>	<p>30</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Walk & Talk 2:00 Smoothies 2:30 Prize Bingo 3:00 Music by Jordan Korlak-DR 5:00 Games with Amanda</p>	<p>31</p> <p>10:00 Exercise with Stephanie 10:45 News & Views 1:00 Wellness VR (Virtual Reality) 2:00 Parkinson Support Group-PR 2:00 Spiritual Enrichment 2:30 Coffee & Cookies 3:00 Arts & Crafts 5:00 Aromatherapy Hand Massages with Amanda</p>	<p>March 2020</p> <p><i>The Pillars of White Bear Lake Dimensions Community</i></p>			