


# PILLARS GROUP ACTIVITY SCHEDULE

Sunday November 28	Monday November 29	Tuesday November 30	Wednesday December 1	Thursday December 2	Friday December 3	Saturday December 4
<p>Hanukkah Begins at Sundown</p>  <p>1:30pm St. Paul Chamber Orchestra - Copland's Appalachian Spring, <i>Trip is full, please meet in the lobby</i></p> <p>2:00pm Pillars Matinee - The Banker (2020), 7CR</p> <p>3:25pm Minnesota Vikings at San Francisco 49ers, FOX</p>	<p>Hanukkah</p> <p>10:00am Balance Class with Hillary, 7CR</p> <p>1:30pm Watercolor Holiday Card Making Workshop with Robyn Smith, 1C</p>	<p>Hanukkah</p> <p>COVID-19 Booster Clinic, 7th Floor Community &amp; Club Room</p> <p>9:00am Coffee Social, 1C</p> <p>10:00am Pound Fitness with Mike* location change, D3</p> <p>1:00pm Bridge, 1C</p> <p>3:00pm UMN PT Fitness Class - Assessments!* location change, D3</p>	<p>Hanukkah</p> <p>Essential Beauty On-Site</p> <p>9:30am Cribbage, 1C</p> <p>11:00am Resident Town Hall* location change, D3</p> <p>1:00pm Chair Yoga with Jessica* location change, D3</p> <p>4:00pm Piano with Jake, DR1</p>	<p>Hanukkah</p> <p>Massage Therapist, Ellen, On-Site</p> <p>9:00am Coffee Social, 1C</p> <p>10:30am Grandfriends Music for Life with MacPhail, D2 <i>Please meet in the lobby, we will go to 2nd floor together.</i></p> <p>3:00pm UMN PT Fitness Class - Assessments!, 7CR</p> <p>4:00pm Social Hour, 7CR</p> <p>7:00pm UMN Headliners - High School &amp; Beyond: Tracing Early-Life Predictors of Cognitive Impairment, 7CR</p>	<p>Hanukkah</p> <p>10:30am Tai Chi Class (on video), Channel 1-2 &amp; 7CR</p> <p>11:00am Bat Chat with UMN Professor Christine Salomon, 7CR</p> <p>1:00pm Knit and Crochet - Please join us to work on your own projects!, A1</p> <p>1:00pm-3:00pm Sewing &amp; Mending with Karen, A1</p> <p>3:30pm Meet Your Neighbor Social - Floors 1,3,6 &amp; 9, 7CR</p>	<p>Hanukkah</p> <p>9:30am Coffee Social, 1C</p> <p>1:30pm Scrabble, 1C</p> <p>8:00pm St. Paul Chamber Orchestra - Virtual Concert of Handel's Messiah, 7CR</p> <p><b>Room Locations:</b>            D2 = Dimensions, 2nd Floor            D3 = Dimensions, 3rd Floor            FE= Front Entrance/Outdoors            7CR= 7th Floor Community Room            A1 = Art &amp; Craft Studio, Apartment 115            1C = 1st Floor Café            DR1 = Dining Room            V= Virtual            Channel 1-2 = My Channel</p>