



**MAY 2023**

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**Meeting Places**

- 7CR** 7th Floor Community Room
- 1C** 1st Floor Cafe
- DR1** Dining Room
- D3** Dimensions 3
- D2** Dimensions 2
- FC7** Fitness Center
- Club Room** 7th Floor Club Room
- V** Virtual
- PL** Pillars Lobby
- D2 & D3** Dimensions 2 & 3
- Conf** Conf Room
- CC** Childcare
- A1** Art Studio

	<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>
	All Day May Day 11:00a Visits to Childcare <b>D2</b> 3:00p Always Learning: May Day <b>D2</b>	All Day Nat. Teachers Day All Day Therapy Appointments 10:00a Morning Visits with Marcela <b>D2</b> 11:00a Pound Fitness with Mike <b>D2</b> 1:30p Scenic Drive <b>D2 &amp; D3</b> 4:00p Virtual Concert Hour <b>D2</b>	All Day Polka Day 10:15a Intergen Projects with Brooklyn: Hide and Seek <b>D2</b> 11:00a Small Group Movement Sessions: Group Walk <b>D2</b> 1:15p Music Sessions - The Andrews Sisters <b>D2</b> 2:30p Nail Care <b>D2</b> 3:00p Lucynt Table Games <b>D2</b>	All Day May the 4th be With You 10:00a Active Games: Outdoor Tic Tac Toe <b>D2</b> 11:00a Intergen Walks to Community Garden <b>D2</b> 2:15p Piano with John Bury <b>D2</b> 2:30p Chair Massages with Ellen <b>D2</b> 6:00p Puzzles & 1:1 Visits with Shahraz <b>D2</b>	All Day Cinco de Mayo 9:45a Chair Yoga with Jes <b>D2</b> 10:00a Morning Visits with Marcela <b>D2</b> 10:30a Kids Corner with Venus Room <b>D2</b> 1:30p Nail Care <b>D2</b>	All Day Kentucky Derby 10:00a Morning Visits <b>D2</b> 11:30a Morning Movement <b>D2</b> 12:00p Lunch with Tiffany <b>D2</b> 1:30p Mini Gallery Wall <b>D2</b>
	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>
	10:15a Lucynt Table <b>D2</b> 11:00a Worship Service <b>D2</b> 3:00p Pillars Cinema: Yentl <b>D2</b> 6:15p Pillars Cinema: Fantastic Mr. Fox <b>D2</b>	All Day VE Day 10:15a Always Learning: May Trivia <b>D2</b> 11:05a Drumming with Marisa <b>D2</b> 3:00p 1:1 Visits with Elena <b>D2</b> 4:00p 1:1 Visits with Christina <b>D2</b>	8:00a Breakfast Talks with Tiffany <b>D2</b> 10:00a Small Group Projects with Ingrid: Gardening <b>D2</b> 10:00a Morning Visits with Marcela <b>D2</b> 11:00a Singing Group - All Are Welcome! <b>DR1</b> 2:00p Fitness Center Sessions with Erin <b>D2</b>	10:15a Intergen Projects with Brooklyn <b>D2</b> 11:00a Small Group Movement Sessions: Chair Exercise <b>D2</b> 1:15p Music Sessions: Music Trivia <b>D2</b> 2:30p Nail Care <b>D2</b> 3:00p Lucynt Table Games <b>D2</b>	All Day Minnesota Day 10:00a Active Games: Bean Bag Skee Ball <b>D2</b> 11:00a MacPhail Music for Life <b>D2</b> 11:30a Grandfriends Music for Life with MacPhail <b>D2</b> 2:15p Piano with John Bury <b>D2</b> 2:30p Chair Massages with Ellen <b>D2</b> 6:00p Puzzles & 1:1 Visits with Shahraz <b>D2</b>	9:45a Chair Yoga with Jes <b>D2</b> 10:00a Morning Visits with Marcela <b>D2</b> 10:30a Venus Classroom Visits <b>CC</b> 10:45a Kids Corner with Neptune Room <b>D2</b> 1:30p Nail Care <b>D2</b>
<b>Mother's Day 14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10:15a Lucynt Table <b>D2</b> 11:00a Worship Service <b>D2</b> 3:00p Pillars Cinema: La La Land <b>D2</b> 3:30p Small Groups with Perou <b>D2 &amp; D3</b> 6:15p Pillars Cinema: Up <b>D2</b>	All Day Inter. Day of Families 10:00a Morning Visits with Marcela <b>D2</b> 2:00p Always Learning: Women in Uniform <b>D2</b> 3:00p 1:1 Visits with Elena <b>D2</b>	10:00a Small Group Projects with Ingrid: Stamp Painting <b>D2</b> 11:00a Catholic Communion with Volunteer from St Frances Cabrini Catholic Church <b>Club Room</b> 11:00a Pound Fitness with Mike <b>D2</b> 1:30p What's Cooking: Apple Pops <b>D2</b>	10:00a Morning Visits with Marcela <b>D2</b> 10:15a Intergen Projects with Brooklyn <b>D2</b> 11:00a Small Group Movement Sessions: Chair Dancing <b>D2</b> 1:15p Music Sessions - Karaoke <b>D2</b> 2:30p Nail Care <b>D2</b> 3:00p Lucynt Table Games <b>D2</b> 4:00p With a Wink and a Smile - A Duo Cabaret with Joey Clark and co-star, Jennifer Eckes <b>7CR</b>	10:00a Active Games: Balloon Swat <b>D2</b> 11:00a MacPhail Music for Life <b>D2</b> 11:00a Worship Service with Allison Connelly-Vetter <b>7CR</b> 2:15p Piano with John Bury <b>D2</b> 2:30p Chair Massages with Ellen <b>D2</b> 6:00p Puzzles & 1:1 Visits with Shahraz <b>D2</b>	All Day Endangered Species Day 9:45a Chair Yoga with Jes <b>D2</b> 10:30a Kids Corner with Venus Room <b>D2</b> 1:30p Nail Care <b>D2</b> 2:00p MacPhail Hour - <b>7CR</b> 3:00p Happy Birthday Pillars <b>7CR</b>	All Day Armed Forces Day 10:00a Morning Visits <b>D2</b> 11:30a Morning Movement <b>D2</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:15a Lucynt Table <b>D2</b> 11:00a Worship Service <b>D2</b> 3:00p Pillars Cinema: It's A Wonderful Life <b>D2</b> 3:30p Small Groups with Perou <b>D2 &amp; D3</b> 6:15p Pillars Cinema: Kedi <b>D2</b>	10:15a Always Learning: Shavuot <b>D2</b> 11:05a Drumming with Marisa <b>D2</b> 12:30p Hidden Falls Picnic Lunch <b>D2 &amp; D3</b> 3:00p 1:1 Visits with Elena <b>D2</b> 4:00p 1:1 Visits with Christina <b>D2</b>	All Day World Turtle Day 10:00a Small Group Projects with Ingrid: Card Painting <b>D2</b> 2:00p Fitness Center Sessions with Erin <b>D2</b> 4:00p Virtual Concert Hour <b>D2</b>	All Day Happy Birthday Bob Dylan 10:15a Intergen Projects with Brooklyn <b>D2</b> 11:00a Small Group Movement Sessions: Patio Pilates <b>D2</b> 1:15p Music Sessions: Glockenspiel Jam <b>D2</b> 2:30p Nail Care <b>D2</b> 3:00p Lucynt Table Games <b>D2</b>	All Day Shavout begins at sundown 10:00a Active Games: Basketball <b>D2</b> 11:00a MacPhail Music for Life <b>D2</b> 11:30a Grandfriends Music for Life with MacPhail <b>D2</b> 2:15p Piano with John Bury <b>D2</b> 2:30p Chair Massages with Ellen <b>D2</b> 6:00p Puzzles & 1:1 Visits with Shahraz <b>D2</b>	9:45a Chair Yoga with Jes <b>D2</b> 10:30a Venus Classroom Visits <b>CC</b> 10:45a Kids Corner with Neptune Room <b>D2</b> 2:30p Nail Care <b>D2</b>	10:00a Morning Visits <b>D2</b> 11:30a Morning Movement <b>D2</b> 1:30p Tic Tac Tote Bags <b>D2</b>
<b>28</b>	<b>Memorial Day 29</b>	<b>30</b>	<b>31</b>			
All Day Indy 500 10:15a Lucynt Table <b>D2</b> 11:00a Worship Service <b>D2</b> 3:00p Pillars Cinema: Won't You Be My Neighbor <b>D2</b> 3:30p Small Groups with Perou <b>D2 &amp; D3</b> 6:15p Pillars Cinema: Coco <b>D2</b>	All Day Memorial Day 2:00p Always Learning: Memorial Day <b>D2</b> 4:00p 1:1 Visits with Christina <b>D2</b>	All Day Nat. Senior Health and Fitness Day 8:00a Breakfast Talks with Tiffany <b>D2</b> 10:00a Small Group Projects with Ingrid: Kindness Tree <b>D2</b> 11:00a Pound Fitness with Mike <b>D2</b> 1:30p <input checked="" type="checkbox"/> What's Cooking: Mint Juleps <b>D2</b>	10:15a Intergen Projects with Brooklyn <b>D2</b> 11:00a Small Group Movement Sessions: Core Stretches <b>D2</b> 12:00p Peace Project - Celebrate Minnesota <b>DR1</b> 1:15p Music Sessions: Music Trivia <b>D2</b> 2:30p Nail Care <b>D2</b> 3:00p Lucynt Table Games <b>D2</b>			



**MAY 2023**

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

Meeting Places	
<b>7CR</b>	7th Floor Community Room
<b>1C</b>	1st Floor Cafe
<b>DR1</b>	Dining Room
<b>D3</b>	Dimensions 3
<b>D2</b>	Dimensions 2
<b>FC7</b>	Fitness Center
<b>Club Room</b>	7th Floor Club Room
<b>V</b>	Virtual
<b>PL</b>	Pillars Lobby
<b>D2 &amp; D3</b>	Dimensions 2 & 3
<b>Conf</b>	Conf Room
<b>CC</b>	Childcare
<b>A1</b>	Art Studio

	<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>
	All Day May Day 10:15a Always Learning: May Day 11:00a Drumming with Marisa 3:00p Piano with Sara-Jane 5:00p 1:1 Visits with Christina	All Day Nat. Teachers Day 10:00a Visits to Childcare 1:30p Scenic Drive 2:00p Fitness Center Sessions with Erin 3:00p Library Visit 4:00p Virtual Concert Hour	All Day Polka Day 10:15a Morning Movement 11:00a Sun Room Visits 1:15p Nail Care 3:00p Music Sessions - The Andrews Sisters	All Day May the 4th be With You 10:00a Intergen Walks to Community Garden 11:00a Active Games: Outdoor Tic Tac Toe 1:15p Piano with John Bury 7:00p Puzzles & 1:1 Visits with Shahraz	All Day Cinco de Mayo 8:00a Breakfast Talks with Tiffany 10:30a Chair Yoga with Jes 1:00p Music Appreciation with John 2:00p Rock-a-Bye Club 3:00p Nail Care 3:30p Chair Massages with Ellen	All Day Kentucky Derby 10:30a Chronicles & Movement 5:00p Lunch with Tiffany
	<b>07</b> 10:00a  Hennepin Ave United Methodist Church Live Stream 11:00a Puzzle Hour 6:00p Pillars Cinema: Yentl	<b>08</b> All Day VE Day 2:00p Travel Club with Elena 3:00p Piano with Sara-Jane 5:00p 1:1 Visits with Christina	<b>09</b> 10:00a Visits with Saturn Room 11:00a Pound Fitness with Mike 11:00a Singing Group - All Are Welcome! 2:00p  What's Cooking: Coconut Cream Pie 3:00p Library Visit 4:00p Virtual Concert Hour	<b>10</b> 10:15a Always Learning: May Trivia 11:00a Sun Room Visits 1:15p Nail Care 3:00p Music Sessions: Music Trivia	<b>11</b> All Day Minnesota Day 9:45a MacPhail Music for Life 10:15a Grandfriends Music for Life with MacPhail 11:00a Active Games: Bean Bag Skee Ball 1:15p Piano with John Bury 7:00p Puzzles & 1:1 Visits with Shahraz	<b>12</b> All Day Nurses Day 10:30a Chair Yoga with Jes 1:00p Music Appreciation with John 3:00p Nail Care 3:30p Chair Massages with Ellen
<b>Mother's Day</b>	<b>14</b> 10:00a  Hennepin Ave United Methodist Church Live Stream 11:00a Puzzle Hour 6:00p Pillars Cinema: La La Land	<b>15</b> All Day Inter. Day of Families 10:15a Always Learning: Women in Uniform 11:00a Drumming with Marisa 2:00p Travel Club with Elena 3:00p Piano with Sara-Jane	<b>16</b> 10:00a Visits with Saturn Room 11:00a Catholic Communion with Volunteer from St Frances Cabrini Catholic Church 2:00p Fitness Center Sessions with Erin 3:00p Library Visit 4:00p Virtual Concert Hour	<b>17</b> 10:15a Morning Movement 11:00a Sun Room Visits 1:15p Nail Care 3:00p Music Sessions - Karaoke 4:00p With a Wink and a Smile - A Duo Cabaret with Joey Clark and co-star, Jennifer Eckes	<b>18</b> 9:45a MacPhail Music for Life 10:15a Grandfriends Music for Life with MacPhail 11:00a Active Games: Balloon Swat 11:00a Worship Service with Allison Connelly-Vetter 1:15p Piano with John Bury 7:00p Puzzles & 1:1 Visits with Shahraz	<b>19</b> All Day Endangered Species Day 10:30a Chair Yoga with Jes 1:00p Music Appreciation with John 2:00p MacPhail Hour - 3:00p Nail Care 3:00p Happy Birthday Pillars 3:30p Chair Massages with Ellen
	<b>21</b> 10:00a  Hennepin Ave United Methodist Church Live Stream 11:00a Puzzle Hour 6:00p Pillars Cinema: Kedi	<b>22</b> 12:30p Hidden Falls Picnic Lunch 2:00p Travel Club with Elena 3:00p Piano with Sara-Jane 5:00p 1:1 Visits with Christina	<b>23</b> All Day World Turtle Day 10:00a Visits with Saturn Room 11:00a Pound Fitness with Mike 2:00p What's Cooking: Fresh Lemonade Popsicles 3:00p Library Visit 4:00p Virtual Concert Hour	<b>24</b> All Day Happy Birthday Bob Dylan 10:15a Always Learning: Shavuot 11:00a Sun Room Visits 1:15p Nail Care 3:00p Music Sessions: Glockenspiel Jam	<b>25</b> All Day Shavout begins at sundown 9:45a MacPhail Music for Life 10:15a Grandfriends Music for Life with MacPhail 11:00a Active Games: Basketball 1:15p Piano with John Bury 7:00p Puzzles & 1:1 Visits with Shahraz	<b>26</b> 10:30a Chair Yoga with Jes 1:00p Music Appreciation with John 3:00p Nail Care 3:30p Chair Massages with Ellen
	<b>28</b> All Day Indy 500 10:00a  Hennepin Ave United Methodist Church Live Stream 11:00a Puzzle Hour 6:00p Pillars Cinema: Won't You Be My Neighbor	<b>29</b> <b>Memorial Day</b> All Day Memorial Day 10:15a Always Learning: Memorial Day 11:00a Drumming with Marisa 3:00p Piano with Sara-Jane 5:00p 1:1 Visits with Christina	<b>30</b> All Day Nat. Senior Health and Fitness Day 10:00a Visits with Saturn Room 2:00p Fitness Center Sessions with Erin 3:00p Library Visit 4:00p Virtual Concert Hour	<b>31</b> 10:15a Morning Movement 11:00a Sun Room Visits 1:15p Nail Care 3:00p Music Sessions: Music Trivia		