

# November 2022

NOVEMBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Meeting Places	01	02	03	04	05	
D2 Dimensions 2 7CR 7th Floor Community Room DR1 Dining Room D3 Dimensions 3 D2 & Dimensions 2 & 3 D3 A1 Art Studio PL Pillars Lobby						
<p>Calendar is subject to change. For the most up to date information please refer to <a href="#">Care Merge</a></p>	<p><b>06</b></p> <p>09:00 Morning Visits with Marcela D2 10:00 1:1 Visits with Perou D2 10:00 Coffee &amp; Chronicles D2 12:00 Vikings vs Commanders D2 &amp; D3 01:30 1:1 Visits with Sarah &amp; Oreo D2 04:00 1:1 Visits with Kermina D2 04:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D2 06:15 Pillars Cinema: Little Women (Prime) D2</p>	<p><b>07</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:00 Childcare Visits D2 11:05 Drumming with Marisa D2 02:00 What's Cooking: Muffins! D2 02:45 House of Cards Exercise with Ellie &amp; Marisa D2 04:00 1:1 Visits with Christina D2 04:00 Small Group &amp; 1:1 Visits D2 05:00 Dinner with Tiffany DR1 06:00 1:1 Visits with Tiffany D2</p>	<p><b>08</b></p> <p>All Day Therapy Appointments 10:00 Small Group Projects with Ellie &amp; Marisa D2 11:00 Pound Fitness with Mike D2 01:45 UMN PT Students - Small Groups D2 02:45 UMN PT Students - Fitness Assessment 7CR 04:00 Relaxation Hour D2</p>	<p><b>09</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:15 Intergen Projects with Brooklyn: Marbled Milk Paper D2 11:00 Small Group Movement Sessions D2 01:15 Always Learning: Hedy Lamarr D2 02:30 Nail Care D2 04:00 Crafting with Kat D2</p>	<p><b>10</b></p> <p>All Day Massage Therapist, On-Site 09:45 MacPhail Music for Life D2 11:00 Active Games D2 01:45 UMN PT Student Walking Sessions D2 02:30 Chair Massages with Ellen D2 02:45 UMN PT Students - Fitness Assessment 7CR 03:00 Piano with Jake D2 06:00 Puzzles &amp; 1:1 Visits with Shahraz D2</p>	<p><b>11</b></p> <p>All Day Massage Therapist, On-Site All Day Therapy Appointments 09:45 Chair Yoga with Jes D2 10:45 Kids Corner - Vets Deliveries D2 11:11 Veterans Service 7CR 02:00 Mending with Karen A1 02:30 Nail Care D2 04:00 Small Group &amp; 1:1 Visits D2</p>
	<p><b>13</b></p> <p>09:00 Morning Visits with Marcela D2 10:00 Coffee &amp; Chronicles D2 12:00 Vikings vs Bills D2 &amp; D3 01:25 SPCO: Joshua Bell Plays Bruch's First Violin Concerto PL 04:00 1:1 Visits with Kermina D2 04:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D2 06:15 Pillars Cinema: Oklahoma! (Disney+) D2</p>	<p><b>14</b></p> <p>All Day Essential Beauty On-Site 10:00 Childcare Visits D2 11:00 Coloring &amp; Puzzles with Sun Room (2-3 year olds) DR1 02:00 What's Cooking: Apple Pie Bites D2 02:45 House of Cards Exercise with Ellie &amp; Marisa D2 04:00 1:1 Visits with Christina D2 04:00 Small Group &amp; 1:1 Visits D2 05:00 Dinner with Tiffany DR1</p>	<p><b>15</b></p> <p>All Day Therapy Appointments 10:00 Small Group Projects with Ellie &amp; Marisa D2 11:00 Pound Fitness with Mike D2 01:45 UMN PT Students - Small Groups D2 02:45 UMN PT Students - Fitness Class 7CR 04:00 Relaxation Hour D2</p>	<p><b>16</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:15 Intergen Projects with Brooklyn: Melted Ice Paint D2 11:00 Small Group Movement Sessions D2 12:00 Family Council 7CR 01:15 Music Sessions: Karaoke D2 02:30 Nail Care D2</p>	<p><b>17</b></p> <p>All Day Therapy Appointments 09:45 MacPhail Music for Life D2 11:00 Active Games D2 01:45 UMN PT Student Walking Sessions D2 02:30 Chair Massages with Ellen D2 02:45 UMN PT Students - Fitness Class 7CR 03:00 Patio Time D2 06:00 Puzzles &amp; 1:1 Visits with Shahraz D2</p>	<p><b>18</b></p> <p>All Day Massage Therapist, On-Site All Day Therapy Appointments 09:45 Chair Yoga with Jes D2 10:45 Kids Corner with Venus Room D2 02:00 MacPhail Hour - Sheridan 7CR 02:30 Nail Care D2 04:00 Small Group &amp; 1:1 Visits D2</p>
	<p><b>20</b></p> <p>09:00 Morning Visits with Marcela D2 10:00 1:1 Visits with Perou D2 10:00 Coffee &amp; Chronicles D2 01:00 Devotions: Gratitude D3 03:30 Vikings vs Cowboys D2 &amp; D3 04:00 1:1 Visits with Kermina D2 04:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D2 06:15 Pillars Cinema: The Dig (Netflix) D2</p>	<p><b>21</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:00 Childcare Visits D2 11:05 Drumming with Marisa D2 02:00 What's Cooking: Stuffing! D2 02:45 House of Cards Exercise with Ellie &amp; Marisa D2 04:00 1:1 Visits with Christina D2 04:00 Small Group &amp; 1:1 Visits D2 05:00 Dinner with Tiffany DR1 06:00 1:1 Visits with Tiffany D2</p>	<p><b>22</b></p> <p>All Day Therapy Appointments 10:00 Small Group Projects with Ellie &amp; Marisa D2 11:00 Pound Fitness with Mike D2 01:30 Scenic Drive D2 &amp; D3 04:00 Relaxation Hour D2</p>	<p><b>23</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:15 Intergen Projects with Brooklyn: Indoor Scavenger Hunt D2 11:00 Small Group Movement Sessions D2 01:15 Music Sessions: Ella Fitzgerald Just One of Those Things (Netflix) D2 02:30 Nail Care D2</p>	<p><b>24</b></p> <p>All Day Thanksgiving 09:00 Macy's Thanksgiving Day Parade Viewing Party D2 &amp; D3 11:00 Active Games D2 01:00 1:1 Visits &amp; Small Groups D2 &amp; D3 02:30 Chair Massages with Ellen D2 03:00 Patio Time D2</p>	<p><b>25</b></p> <p>All Day Native American Heritage Day All Day Therapy Appointments 02:00 Mending with Karen A1 02:30 Nail Care D2 04:00 Small Group &amp; 1:1 Visits D2</p>
	<p><b>27</b></p> <p>09:00 Morning Visits with Marcela D2 10:00 1:1 Visits with Perou D2 10:00 Coffee &amp; Chronicles D2 01:00 Devotions D3 01:25 SPCO: Barber's Adagio for Strings PL 04:00 1:1 Visits with Kermina D2 04:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D2 06:15 Pillars Cinema: The Visitor D2</p>	<p><b>28</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:00 Childcare Visits D2 11:00 Dancing with Brooklyn D2 02:00 What's Cooking: Cider Tasting D2 02:45 House of Cards Exercise with Ellie &amp; Marisa D2 04:00 1:1 Visits with Christina D2 04:00 Small Group &amp; 1:1 Visits D2 05:00 Care Partner Support Group 7CR</p>	<p><b>29</b></p> <p>All Day Therapy Appointments 10:00 Small Group Projects with Ellie &amp; Marisa D2 11:00 Pound Fitness with Mike D2 01:45 UMN PT Students - Small Groups D2 02:45 UMN PT Students - Fitness Class 7CR 04:00 Relaxation Hour D2</p>	<p><b>30</b></p> <p>All Day Essential Beauty On-Site All Day Therapy Appointments 10:15 Intergen Projects with Brooklyn: Fake Snow Sensory Play D2 11:00 Small Group Movement Sessions D2 01:15 Music Sessions: Glockenspiel Jams D2 04:00 Worship Service with Joe 7CR 05:00 Peace Project - Red Lake DR1</p>		

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Meeting Places	01	02	03	04	05		
7CR 7th Floor Community Room D3 Dimensions 3 DR1 Dining Room D2 & Dimensions 2 & 3 D3 PL Pillars Lobby A1 Art Studio		All Day 1:1 Visits 10:00 Visits with Saturn Room D3 10:15 Coco! D3 11:00 MacPhail Unwrapping Music - Elements of the Broadway Musical throughout its History: From Oklahoma to Hamilton! 7CR 04:00 Relaxation Hour D3	All Day Essential Beauty On-Site 11:00 Sun Room Visits: Haunted Halloween Hand Melt D3 01:00 Nail Care D3 03:00 Music Sessions: Hymn Sing (All Souls' Day) D3	12:00 1:1 Visits D2 & D3 10:00 Virtual OLLI Course - China in the Cold War 1949-1980 7CR 11:00 MacPhail Music for Life D3 11:30 Grandfriends Music for Life with MacPhail D3 03:00 UMN ESL Student Conversations D3 07:00 Puzzles & 1:1 Visits with Shahraz D3	All Day 1:1 Visits All Day Message Therapist, On-Site 10:30 Cancelled! Chair Yoga with Jes D3 11:00 November Trivia D3 01:00 Art Appreciation with John D3 01:00 Nail Care D3 02:00 Rock-a-Bye Club D3 03:30 Chair Massages with Ellen D3	All Day 1:1 Visits 09:00 Cooking or Cards with Genna D3 09:30 Minneapolis School Board Candidate Meet & Greet DR1 10:30 Chronicles & Movement D3	
Calendar is subject to change. For the most up to date information please refer to <a href="#">Care Merge</a>	10:00 Morning Visits with Marcela D3 11:00 Coffee & Chronicles D3 12:00 Vikings vs Commanders D2 & D3 03:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D3 05:00 1:1 Visits with Kermina D3 06:00 Pillars Cinema: Little Women (Prime) D3	All Day Essential Beauty On-Site 11:00 Dancing with Brooklyn D3 01:30 1:1 Visits with Elena D3 02:00 House of Cards Exercise with Ellie & Marisa D3 02:30 Virtual Travels with Elena D3 03:15 What's Cooking: Muffins! D3 04:00 Small Group & 1:1 Visits D3 05:00 1:1 Visits with Christina D3 05:00 Dinner with Tiffany DR1	10:00 Visits with Saturn Room D3 11:00 Childcare Visits D3 01:45 UMN PT Students - Walking Sessions D3 02:45 UMN PT Students - Fitness Assessment 7CR 04:00 Relaxation Hour D3	All Day Essential Beauty On-Site 10:00 Crafting with Kat D3 11:00 Sun Room Visits: Marbled Milk Paper D3 11:00 Balance Class with Hillary 7CR 01:00 Nail Care D3 03:00 Always Learning: Hedy Lamarr D3 03:00 OT Special Series - Joint Protection 7CR	10:00 Virtual OLLI Course - China in the Cold War 1949-1980 7CR 10:00 Pound Fitness with Mike D3 11:00 MacPhail Music for Life D3 11:30 Grandfriends Music for Life with MacPhail D3 01:45 UMN PT Students - Small Groups and Fitness Assessment D3 07:00 Puzzles & 1:1 Visits with Shahraz D3	All Day Message Therapist, On-Site 10:30 Chair Yoga with Jes D3 11:11 Veterans Service 7CR 01:00 Art Appreciation with John D3 01:00 Nail Care D3 01:15 Trip to MIA PL 02:00 Mending with Karen A1 02:00 Rock-a-Bye Club D3 03:30 Chair Massages with Ellen D3	All Day 1:1 Visits 09:00 Cooking or Cards with Genna D3 10:30 Chronicles & Movement D3 11:00 UMN Aging Studies Interdisciplinary Group - Student Research Panel DR1
	10:00 Morning Visits with Marcela D3 11:00 Coffee & Chronicles D3 12:00 Vikings vs Bills D2 & D3 01:25 SPCO: Joshua Bell Plays Bruch's First Violin Concerto PL 03:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D3 05:00 1:1 Visits with Kermina D3 06:00 Pillars Cinema: Oklahoma! (Disney+) D3	11:00 Drumming with Marisa D3 01:30 1:1 Visits with Elena D3 02:00 House of Cards Exercise with Ellie & Marisa D3 02:30 Virtual Travels with Elena D3 03:15 What's Cooking: Apple Pie Bites D3 04:00 Small Group & 1:1 Visits D3 05:00 1:1 Visits with Christina D3 05:00 Dinner with Tiffany DR1 06:00 1:1 Visits with Tiffany D3	10:00 Visits with Saturn Room D3 11:00 Childcare Visits D3 01:45 UMN PT Students - Walking Sessions D3 02:45 UMN PT Students - Fitness Class 7CR 04:00 Relaxation Hour D3	All Day Essential Beauty On-Site 11:00 Sun Room Visits: Melted Ice Paint D3 12:00 Family Council 7CR 01:00 Nail Care D3 03:00 Music Sessions: Karaoke D3 03:00 OT Special Series - Joint Protection 7CR	10:00 Virtual OLLI Course - China in the Cold War 1949-1980 7CR 10:00 Pound Fitness with Mike D3 11:00 MacPhail Music for Life D3 11:30 Grandfriends Music for Life with MacPhail D3 01:45 UMN PT Students - Small Groups and Fitness Class D3 03:00 Piano with Jake D3 07:00 Puzzles & 1:1 Visits with Shahraz D3	All Day Message Therapist, On-Site 10:30 Chair Yoga with Jes D3 01:00 Art Appreciation with John D3 01:00 Nail Care D3 02:00 MacPhail Hour - Sheridan Zuther: Songs from the Silo 7CR 02:00 Rock-a-Bye Club D3 03:30 Chair Massages with Ellen D3	All Day 1:1 Visits 10:00 1:1 Visits with Tiffany D3 10:30 Chronicles & Movement D3 02:00 Greyhound Visits DR1
	10:00 Morning Visits with Marcela D3 11:00 Coffee & Chronicles D3 01:00 Devotions: Gratitude D3 03:00 Crafting Creations Circle: Knitting, Quilting, Crocheting D3 03:30 Vikings vs Cowboys D2 & D3 05:00 1:1 Visits with Kermina D3 06:00 Pillars Cinema: The Dig (Netflix) D3	All Day Essential Beauty On-Site 11:00 Dancing with Brooklyn D3 01:30 1:1 Visits with Elena D3 02:00 House of Cards Exercise with Ellie & Marisa D3 02:30 Virtual Travels with Elena D3 03:15 What's Cooking: Stuffing! D3 04:00 Small Group & 1:1 Visits D3 05:00 1:1 Visits with Christina D3 05:00 Dinner with Tiffany DR1	10:00 Visits with Saturn Room D3 11:00 Childcare Visits D3 01:30 Scenic Drive D2 & D3 04:00 Relaxation Hour D3	All Day Essential Beauty On-Site 11:00 Sun Room Visits: Indoor Scavenger Hunt D3 01:00 Nail Care D3 03:00 Music Sessions: Ella Fitzgerald Just One of Those Things (Netflix) D3 03:00 OT Special Series - Joint Protection 7CR	All Day Thanksgiving 09:00 Macy's Thanksgiving Day Parade Viewing Party D2 & D3 10:00 Pound Fitness with Mike D3 12:00 Thanksgiving Meal DR1 01:00 1:1 Visits & Small Groups D2 & D3 07:00 Puzzles & 1:1 Visits with Shahraz D3 07:20 Vikings vs Patriots D2 & D3	All Day Native American Heritage Day 01:00 Art Appreciation with John D3 01:00 Nail Care D3 02:00 Mending with Karen A1 03:30 Chair Massages with Ellen D3	All Day 1:1 Visits 10:30 Chronicles & Movement D3 03:00 Crafting with Kat D3
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