

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



The Pillars of Mankato Active Living Calendar

<p>9:30 am – Catholic Church (Chapel) 4 10 am – Coffee and Conversation (Pub/Patio) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 1pm – Twins Game and Cards (CR) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p>5  10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) Noon – Twins Game and Cards (CR) 2:45 pm – Movie: Barefoot (Chapel) 6:30 pm – Cards (CR)</p>	<p>6 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Travel through the Holy Land w/ Jerry (Chapel) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 2:30 pm – Movie: That’s Amore (Chapel) 6:30 pm – Twins Game and Cards (CR)</p>	<p>7 10 am – Coffee and Conversation (Pub/Patio) 11 am – Grocery Shopping: Hyvee (Sign up) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Travel to South Africa (CR) 3:30 pm – National Geographic Documentary: Origins: The Journey of Humankind (Chapel) 6 pm – Twins Game and Cards (CR)</p>	<p>8 10 am – Catholic Mass (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 1:30 pm – Bean Bags (Front Patio) on your own 3 pm – Happy Hour w/ Mark Milner (DR) 6:30 pm – Cards (CR)</p>	<p>9 10:15 am – Sing a long w/ Beth (CR) 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Daily Chronicles/This Day in History (Chapel) 12:30 pm – Javen’s Winery Trip (Sign up) 11:30 am – Chair Exercise (Channel 1-1) 2:30 pm- Movie: Cheaper by the Dozen (Chapel) 6:30 pm – Cards (CR)</p>	<p>10 9 am – Load bus 10 am – Walk to End Alzheimers (Sign Up) 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Jeopardy (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Yoga w/ Jeff (FC) 6:30 pm – Cards (CR)</p>
<p>Happy Grandparents Day 11 9:30 am – Catholic Church (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2:30 – 4 pm - Ice Cream Social Pub/Outside</p>	<p>12 Day of Encouragement <i>Wear Sunshine Yellow</i> 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Try it out: Chair Dance Class (CR) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 1 pm - Service Project: Sorting and Packing up bod (CR) 3 pm – Informational Speaker: Amanda Weber (CR) 6:30 pm – Cards (CR)</p>	<p>13 Patriotic Day <i>Wear Red White and Blue</i> 10 am – Coffee and Conversation (Pub/Patio) 10:15 am – Church Service w/ Chaplain Chris (Chapel) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 1:15 pm – Bible Study w/ Chaplain Chris (Chapel) 3 pm – Outside Entertainment w/ Art Schuch (Portico) 6:30 pm – Bonfire and Sing a long w/Erin and Smores (Outside)</p>	<p>14 Live Creative Day <i>Wear tie dye</i> 10 am – Coffee and Conversation (Pub/Patio) 10 am – Tie-dye fun 11 am – Grocery Shopping: Aldi (Sign Up) 11:30 am – Chair Exercise (Channel 1-1) 3 pm – Musical Entertainment: Nate Boots (DR) 6:30 pm - Paint and sip with Joy (CR)</p>	<p>15 Day of Rejuvenation <i>Wear Green</i> 8:30 am – 12:30 pm – Chair Massages (Sign UP) 10 am – Catholic Eucharist (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 1:30 pm – Bean Bags (Front Patio) on your own 3 pm – Happy Hour: Grasshoppers w/ Michael Riddle (DR) 6:30 pm – Cards (CR)</p>	<p>16 Carnival Day <i>Wear red and white</i> 8:30 am – Breakfast Outing: Weggies (Sign Up) 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Crossover Activity (Nicole) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Pillars Carnival (Outside) 6:30 pm – Cards (CR)</p>	<p>17 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Jeopardy (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Yoga w/ Jeff (FC) 6:30 pm – Cards (CR)</p>
<p>18 9:30 am – Catholic Church (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p>19 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Try it out: Pound Fitness (CR) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 1:30 pm – Twins Game and Cards (CR) 3 pm – Resident Council Meeting (DR) 7:30 pm – Vikings Game (CR)</p>	<p>20 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Travel through the Holy Land w/ Jerry (Chapel) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 2:30 pm – Movie: The Bombardment (Chapel) 6:30 pm – Cards (CR)</p>	<p>21 10 am – Coffee and Conversation (Pub/Patio) 11 am – Grocery Shopping: Hyvee (Sign up) 11:30 am – Chair Exercise (Channel 1-1) 1:30 pm – Travel to 3:30 pm – National Geographic Documentary: Mission to the Sun (Chapel) 6:30 pm – Cards (CR)</p>	<p>22 10 am – Catholic Eucharist (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 1:30 pm – Bean Bags (Front Patio) on your own 3 pm – Happy Hour w/ Duke Zecco (DR) 6:30 pm – Cards (CR)</p>	<p>23 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Crossover Activity (Nicole) 11:15 am – Lunch Outing: Maggie J’s (Sign UP) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2:30 – 4 pm – MNSU Homecoming Tail Gate Party!! (Parking lot) 6:30 pm – Cards (CR)</p>	<p>24 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Jeopardy (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Yoga w/ Jeff (FC) 6:30 pm – Cards (CR)</p>
<p>25 9:30 am – Catholic Church (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p>26 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 1:30 pm – Activity Planning Meeting (Chapel) 3 pm – Book Club Meeting (Chapel) 6:15 pm – Social Hour Hosted by Moments Hospice (CR)</p>	<p>27 10 am – Coffee and Conversation (Pub/Patio) 10:15 am – Church Service w/ Chaplain Chris (Chapel) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 1:15 pm – Bible Study w/ Chaplain Chris (Chapel) 3pm – Celebrate September Birthdays w/ Allen Carlson (DR) 6:30 pm – Cards (CR)</p>	<p>28 10 am – Coffee and Conversation (Pub/Patio) 11 am – Grocery Shopping: Target (Sign up) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Travel to 3:30 pm – National Geographic Documentary: Paris to Pittsburg (Chapel) 6:30 pm – Load Bus for MNSU 7:30 pm – MNSU Play: High School Musical (Sign up)</p>	<p>29 10 am – Catholic Eucharist (Chapel) 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Exercise: Balance and Movement w/ Nicole (FC) 1:30 pm – Bean Bags (Front Patio) on your own 3 pm – Happy Hour Social (DR) 6:30 pm – Cards (CR)</p>	<p>30 10 am – Coffee and Conversation (Pub/Patio) 10:30 am – Crossover Activity (Nicole) 11:15 am – Lunch Outing: Red Lobster (Sign up) 11:30 am – Daily Chronicles/This Day in History (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2:30 pm – Movie: 6:30 pm – Cards (CR)</p>	<p>30 10 am – Coffee and Conversation (Pub/Patio) 11:30 am – Jeopardy (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 2 pm – Yoga w/ Jeff (FC) 6:30 pm – Cards (CR)</p>

All activities are subject to change!