
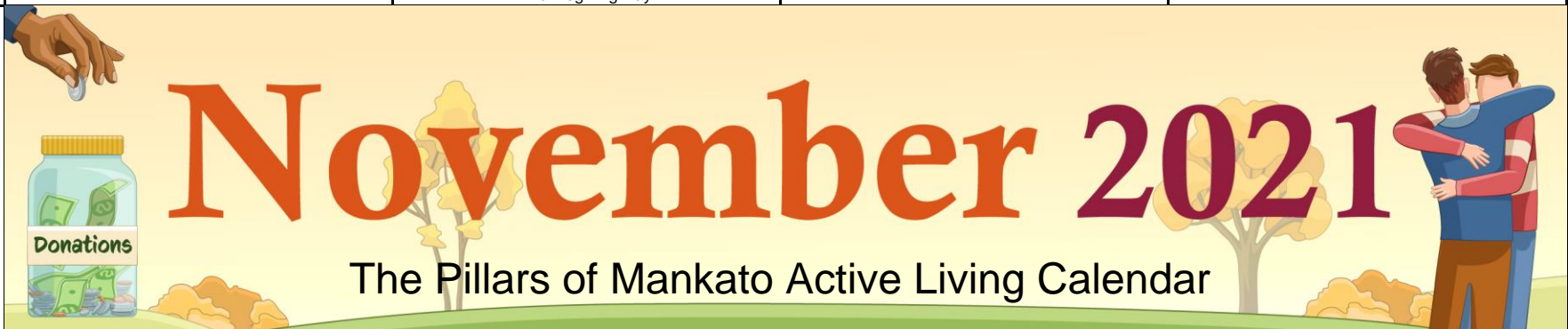


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>In Room Activity Packets</b> <b>1</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>11 am – Balance Exercises 11:30 am – Chair Exercises 1:30 pm – Historical Presentation: Raid on the Younger Gang 3 pm – Japan’s Secret Water Garden Tour 2:30 – 4 pm – Snack Cart</p>	<p><b>In Room Activity Packets</b> <b>2</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>11 am – Balance Exercises 11:30 am – Chair Exercises 1:30 pm – Ted Talk: We don’t move on from grief, we move forward with it 3 pm – An interview with Shirley Temples Children 2:30 – 4 pm – Snack Cart</p>	<p><b>In Room Activity Packets</b> <b>3</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>11 am – Balance Exercises 11:30 am – Chair Exercises 1:30 pm – What to Eat in South Dakota 3 pm – Minnesota History Center: Lincoln and the Press 1865 2:30 – 4 pm – Snack Cart</p>	<p><b>In Room Activity Packets</b> <b>4</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>11 am – Balance Exercises 11:30 am – Chair Exercises 1:30 pm – Ted Talk: Prince William 3 pm – Dale Blanshan: Philadelphia 2:30 – 4 pm – Snack Cart</p>	<p><b>In Room Activity Packets</b> <b>5</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>11 am – Balance Exercises 11:30 am – Chair Exercises 1:30 pm – Ted Talk: Pope Francis 3 pm – Origins of the Pacific Conflict 2:30 – 4 pm – Snack Cart</p>	<p><b>In Room Activity Packets</b> <b>6</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>11 am – Balance Exercises 11:30 am – Chair Exercises 1:30 pm – Yellowstone Then and Now 3 pm - 2:30 – 4 pm – Snack Cart</p>	
<p><b>In Room Activity Packets</b> <b>7</b></p> <p><b>Please note: Activities are in your room on your TV on Channel 1-1</b></p> <p>9:30 am – St John the Baptist Catholic Church 10:30 am – Lutheran Service Rev. Chris Beckman 11:30 am – Chair Exercises 12 pm – Balance Exercises 2:30 – 4 pm – Snack Cart 3 pm – Travel to Montana Daylight Saving Time Ends</p>	<p><b>In Room Activity Packets</b> <b>8</b></p> <p>10 am – Coffee and Conversation (DR) 10:30 am – Knit and Crochet Circle (SP) 11:30 am – Exercise (FC) 2:15 pm – w/ Missy (Chapel) 3:30 pm – Play Nine Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>9</b></p> <p>9:45 am – Tai Ji Quan (FC) 10 am – Coffee and Conversation (DR) 10:15 am – Church Service w/ Chaplain Chris (Chapel) 3:15 pm – Montana Fun Facts and Trivia, Travel and Tasting (CR) 6:30 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>10</b></p> <p>9:45 am – Advanced Exercise Class (FC) 10 am – Coffee and Conversation (DR) <b>11 am – Shopping: Cub (Sign up)</b> 11:30 am – Exercise (FC) 1:15 pm – Jeopardy (CR) 2pm – Dominos (CR) 3 pm – Movie Matinee: (Chapel) (DP) 6:15 pm – Giant Crossword (Chapel)</p>	<p><b>In Room Activity Packets</b> <b>11</b></p> <p>9:45 am – Tai Ji Quan (FC) 10 am – Coffee and Conversation (DR) 10 am – Catholic Eucharist (Chapel) 11:30 am – Exercise (FC) 1 pm – Cards (CR) 3 pm – Happy Hour Veterans Program (DR) 6:15 pm – Cards (CR) Veterans Day Remembrance Day (Canada)</p>	<p><b>In Room Activity Packets</b> <b>12</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) <b>12:15 pm – Lunch Bunch Outing: Pappageorge (SIGNUP)</b> 2:15 PM – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>13</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) 2 pm – Millionaire (CR) 6:10 pm – Cards (CR)</p>
<p><b>In Room Activity Packets</b> <b>14</b></p> <p>9:30 am – St John The Baptist Catholic Worship (CR) 10 am – Coffee and Conversation (DR) 11:00 am – Hosanna Lutheran Church (Chapel) 1:00 pm – Load Bus Bethany Lutheran College Play: The Snow Queen (sign up) 3:05 pm – Vikings Game and Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>15</b></p> <p>10 am – Coffee and Conversation (DR) 10:30 am – Knit and Crochet Circle (SP) 11:30 am – Exercise (FC) <b>2 pm – David Jones Historical peaker: (DR)</b> 6:15 pm – Get to know your neighbor Social (CR)</p>	<p><b>In Room Activity Packets</b> <b>16</b></p> <p>9:45 am – Tai Ji Quan (FC) 10 am – Coffee and Conversation (DR) 10:30 am – Travel through the Holy land (Chapel) 3:15 pm – Washington Fun Facts and Trivia, Travel and Tasting (CR) 6:30 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>17</b></p> <p>9:45 am – Advanced Exercise Class (FC) 10 am – Coffee and Conversation (DR) <b>11 am – Shopping: Cub (Sign up)</b> 11:30 am – Exercise (FC) 1:15 pm – Jeopardy (CR) 2pm – Dominos (CR) 3 pm – Movie Matinee: (Chapel) (DP) 6:15 pm – Giant Crossword (Chapel)</p>	<p><b>In Room Activity Packets</b> <b>18</b></p> <p>9:45 am – Tai Ji Quan (FC) 10 am – Coffee and Conversation (DR) 10 am – Catholic Eucharist (Chapel) 11:30 am – Exercise (FC) 1 pm – Cards (CR) 3 pm – Happy Hour Duke Zecco (DR) 6:15 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>19</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) <b>12:15 pm – Lunch Bunch Outing: Apple bees (SIGNUP)</b> 2:15 PM – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>20</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) <b>2 pm – Skylark Opera Presentation (DR)</b> 6:10 pm – Cards (CR)</p>
<p><b>In Room Activity Packets</b> <b>21</b></p> <p>9:30 am – St John The Baptist Catholic Worship (CR) 10 am – Coffee and Conversation (DR) 11:00 am – Hosanna Lutheran Church (Chapel) Noon – Vikings Vs Packers Party (CR) 3 pm – Sunday Matinee:</p>	<p><b>In Room Activity Packets</b> <b>22</b></p> <p>10 am – Coffee and Conversation (DR) 10:30 am – Knit and Crochet Circle (SP) 11:30 am – Exercise (FC) 2:30 pm – Service of Thanksgiving and Kick off for Sock Collection (DR) 6:15 pm – Crafting w/ Missy (CR)</p>	<p><b>In Room Activity Packets</b> <b>23</b></p> <p>9:45 am – Tai Ji Quan (FC) 10 am – Coffee and Conversation (DR) 1:15 PM – Idaho Fun Facts and Trivia, Travel and Tasting (CR) 1:45 pm – Sing a long w/ Kirsten (Chapel) <b>3 pm - November Birthday Party w/ Lisa Murphy (DR)</b> 6:30 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>24</b></p> <p>9:45 am – Advanced Exercise Class (FC) 10 am – Java w/ Jana (DR) <b>11 am – Shopping: Dollar Tree and Five Below (Sign Up)</b> 11:30 am – Exercise (FC) 1:15 pm – Jeopardy (Chapel) 2pm – Dominos (CR) 3 pm – Movie Matinee: (Chapel) (Netflix) 6:15 pm - Giant Crossword (Chapel)</p>	<p><b>In Room Activity Packets</b> <b>25</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) 2 pm – Thanksgiving Social Hour (CR) 6:15 pm – Cards (CR)</p> <p>Thanksgiving Day</p>	<p><b>In Room Activity Packets</b> <b>26</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) 1:15 pm - Book Club (Chapel) <b>2:15 pm – Bingo (CR)</b> 6:30 pm – Cards (CR)</p>	<p><b>In Room Activity Packets</b> <b>27</b></p> <p>10 am – Coffee and Conversation (DR) 11:30 am – Exercise (FC) 2 pm – Millionaire (CR) 6:10 pm – Cards (CR)</p>
<p><b>In Room Activity Packets</b> <b>28</b></p> <p>9:30 am – St John The Baptist Catholic Worship (CR) 10 am – Coffee and Conversation (DR) 11:00 am – Hosanna Lutheran Church (Chapel) 3:25 pm – Vikings Game and Cards (CR)</p> <p>Hanukkah Begins</p>	<p><b>In Room Activity Packets</b> <b>29</b></p> <p>10 am – Coffee and Conversation (DR) <b>10:30 am – 3 pm – Holiday Decorating (Building Wide)</b> 3 pm – Resident Council (DR) 6:15 pm – Ornament Making (CR)</p>	<p><b>In Room Activity Packets</b> <b>30</b></p> <p>9:30 am – Load bus for Blue Earth County History Museum (Outing) 10 am – Coffee and Conversation (DR) 10:30 am – Travel through the Holy land (Chapel) 11:30 am – Exercise 1:15 PM – Wyoming Fun Facts and Trivia, Travel and Tasting (CR) <b>3 pm – Kristoff the Magician (DR)</b> 6:30 pm – Cards (CR)</p>	 <p><b>November 2021</b> The Pillars of Mankato Active Living Calendar</p>			