

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

The Pillars of Mankato Active Living Calendar

<p>9:30 am – Catholic Church (Chapel) 5 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p>10 am – Coffee and Conversation (Pub) 6 10:15 am – Load Bus 10:30 am – Grocery Shopping: Hyvee (Sign up) 11:30 am – Balance and Movement Exercise (FC) 1:15 pm – Ted Talk: 5 ways to Listen Better (Chapel) 2:30 pm – Resident Council (CR) 3:30 pm – Jeopardy w/ Julia (Chapel) 6:30 pm – Cards (CR)</p> <p style="text-align: center;">Purim Begins</p>	<p>10 am – Coffee and Conversation (Pub) 7 10:30 am – Travel through the Holy Land w/ Jerry David (Chapel) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Bingo w/ Julia (CR) 3pm – Sing a long and Drumming w/ Connor (CR) 6:30 pm – Farkle w/ Nicole (CR)</p>	<p>9:15 am -Load Bus 1 11 am – Lunch at Chanhassen (Sign up) 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise Class (FC) 1pm – Knit and Crochet Circle (Lib) 2:30 pm – Make “Compli-mint” Gifts to hand out around the Building (Pub) 3pm – Docuseries: Ancient X Files (DP) (Chapel) 6:30 pm – Evening Movie: Stepmom (Chapel)</p>	<p>Cat in The Hat Day Wear Red and White 2 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (Chapel) 10:45 am – Time Slips Guided Story writing (CR) 11:30 am – Balance and Movement Exercise Class (FC) 1:15 pm – Dr. Suess/Cat in the Hat Trivia (Chapel) 2:30 pm – Happy Hour w/ Michael Riddle (DR) 6:30 pm – Men’s Night w/ Jayden (pub)</p>	<p>10 am – Coffee, Conversation and Trivia w/ Nicole (Pub) 3 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – United Way: Always United Presentation and treats! (CR) 3 pm – Afternoon Matinee: Sound of Music (Chapel) (DP) 6:30 pm – Cards (CR)</p>	<p>10 am – Coffee and Conversation (Pub) 4 11:30 am – Balance and Movement Exercise (FC) 2 pm- Yoga w/ Jeff (FC) 3 pm – Historical Drama Series: The Crown (Chapel) 6:30 pm – Cards (CR)</p>
<p>Community Leadership/Administrator Week 12 9:30 am – Catholic Church (Chapel) 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p> <p style="text-align: center;">Daylight Saving Time Begins</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 13 10 am – Coffee and Conversation (Pub) 10:15 am – Load Bus 10:30 am – Grocery Shopping: Hyvee (Sign up) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Crafting w/ Emily (CR) 1:30 pm – Grief Support Group (Chapel) 3 pm – Music w/ Allen Carlson (CR) 6:30 pm – Cards (CR)</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 14 10 am – Coffee and Conversation (Pub) 10:15 am - Church Service w/ Chaplain Chris (Chapel) 10:45 am – Time Slips Guided Story writing (CR) 11:30 am – Balance and Movement Exercise w/ Jayden (FC) 1:15 pm - Bible Study w/ Chaplain Chris (Chapel) 1:30 pm – Bingo w/ Jayden (CR) 3 pm- Food Fun: National Potato Chip Day samples and trivia (CR) 6:30 pm – Dance Social w/ Julia (CR)</p>	<p>International Women’s Day 8 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise Class (FC) 1pm – Knit and Crochet Circle (Lib) 3pm – Docuseries: Ancient X Files (Chapel) 6:30 pm – Evening Movie: 7 Women and a Murder (NF) (Chapel) 7 pm – Bible Study and Hymn Sing w/ Melissa and Aunika (CR)</p>	<p>10 am – Coffee and Conversation (Pub) 9 10 am – Catholic Eucharist (Chapel) 11:30 am – Balance and Movement Exercise Class (FC) 1:15 pm – Documentary: Stuntman (DP) (Chapel) 2:30 pm – Happy Hour w/ Troy Flemming (DR) 6:30 pm – Giant Crossword w/ Dom (Chapel)</p>	<p>10 am – Coffee, Conversation and Trivia w/ Nicole (Pub) 10 10:15am – Sing a long w/ Beth (CR) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – Afternoon Matinee: Fatherhood (NF) (Chapel) 6:30 pm – Cards (CR)</p>	<p>10 am – Coffee and Conversation (Pub) 11 11:30 am – Balance and Movement Exercise (FC) 2 pm- Yoga w/ Jeff (FC) 3 pm – Historical Drama Series: The Crown (Chapel) 6:30 pm – Cards (CR)</p>
<p>9:30 am – Catholic Church (Chapel) 19 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 1:30 pm – w/ Hosanna Group (CR) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p>Happy Spring! 20 9: 15 am – Early Bird Exercise Class (FC) 10 am – Coffee and Conversation (Pub) 10:15 am – Load Bus 10:30 am – Grocery Shopping: Hyvee (Sign up) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Travel to Brazil (Chapel) 3 pm - Welcome to Spring Jeopardy w/ Julia (Chapel) 6:30 pm – Cards (CR)</p> <p style="text-align: center;">Spring Begins</p>	<p>National Ag Day 21 9: 15 am – Early Bird Exercise Class (FC) 10 am – Coffee and Conversation (Pub) 10:30 am – Travel through the Holy Land w/ Jerry David (Chapel) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Bingo w/ Jayden (CR) 3pm – Learning Series: Ramadan (CR) 6:30 pm – Toss and Talk: Get to know your neighbor w/ Nicole (Chapel)</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 22 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise Class (FC) 1pm – Knit and Crochet Circle (Lib) 3pm – Docuseries: Ancient X Files (DP) (Chapel) 6:30 pm – Evening Movie: Music Man (Chapel)</p> <p style="text-align: center;">Ramadan Begins</p>	<p>National Panda Day 16 9:15 am – Early Bird Exercise Class (FC) 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (Chapel) 10:45 am – Time Slips Guided Story writing (CR) 11:30 am – Balance and Movement Exercise Class (FC) 1:15 pm – Girl Scout Trivia (CR) 2:30 pm – Happy Hour: Girl Scout Cookie and Wine Pairing (DR) 6 pm- Care Partner Support Group (Chapel) 6:30 pm – Giant Crossword w/ Dom (CR)</p>	<p>Happy St Patrick’s Day/ Wear Green 17 9: 15 am – Early Bird Exercise Class (FC) 10 am – Coffee, Conversation and Trivia w/ Nicole (Pub) 10:45 am – Load Bus 11 am – Lunch Bunch: Hooligans (Sing up) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – St Patricks Day Happy Hour w/ Crista Bohlman (DR) 6:30 pm – Cards (CR)</p> <p style="text-align: center;">St. Patrick’s Day</p>	<p>10 am – Coffee and Conversation (Pub) 18 11:30 am – Balance and Movement Exercise (FC) 2 pm- Yoga w/ Jeff (FC) 3 pm – Historical Drama Series: The Crown (Chapel) 6:30 pm – Cards (CR)</p>
<p>9:30 am – Catholic Church (Chapel) 26 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church (Chapel) 11:30 am – Chair Exercise (Channel 1-1) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 27 10 am – Coffee and Conversation (Pub) 10:15 am – Load Bus 10:30 am – Grocery Shopping: Target (Sign up) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Crafting w/ Emily (CR) 1:30 pm – Grief Support Group (Chapel) 3:30 pm – Book Club (Chapel) 6:30 pm – Cards (CR)</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 28 10 am – Coffee and Conversation (Pub) 10:15 am - Church Service w/ Chaplain Chris (Chapel) 10:45 am – Time Slips Guided Story writing (CR) 11:30 am – Balance and Movement Exercise w/ Jayden (FC) 1:15 pm - Bible Study w/ Chaplain Chris (Chapel) 1:30 pm – Bingo w/ Jayden (CR) 2:30 pm – March Birthday Party w/ Mark Milner (DR) 6:30 pm – Mocktail/ Cocktail Night w/ Julia (CR)</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 29 9 am – 3:30 pm – Hearing Screening and Hearing Aid Cleaning (Basement) 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise Class (FC) 1pm – Knit and Crochet Circle (Lib) 3pm – Docuseries: Ancient X Files (DP) (Chapel) 6:30 pm – Evening Movie:</p>	<p>9: 15 am – Early Bird Exercise Class (FC) 30 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (Chapel) 10:45 am – Time Slips Guided Story writing (CR) 11:30 am – Balance and Movement Exercise Class (FC) 1:15 pm – Women in History Trivia (Chapel) 2:30 pm – Happy Hour w/ Michael Zeigahn (DR) 6:30 pm – Giant Crossword w/ Dom (CR)</p>	<p>Crossword Puzzle Day 31 8:30 am – Load Bus 9 am – Men’s Breakfast at Weggies (Sign up) 10 am – Coffee, Conversation and Trivia w/ Nicole (Pub) 10:45 am – Giant Crossword (Chapel) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – Afternoon Matinee: (NF) (Chapel) 6:30 pm – Cards (CR)</p>	<p>10 am – Coffee and Conversation (Pub) 25 11:30 am – Balance and Movement Exercise (FC) 2 pm- Yoga w/ Jeff (FC) 3 pm – Historical Drama Series: The Crown (Chapel) 6:30 pm – Cards (CR)</p>
<p>Room Key: FC – Fitness Center CR – Community Room DR – Dining Room</p>						