

March Programs



THE PILLARS
OF HIGHLAND PARK

Annalise's OFF
Gretas Day OFF

Gretas Day OFF

Activity Connection
Spiritual Eldercare
IN2L
Kitchen

Annalise's OFF

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>28</p> <p>10:00 am Morning Movement on YouTube with RA in the Day Room 10:30 am Daily Chronicle Reading & Hymn Sing Along! With the RA 11:00 am Reading of 30 greatest love poems 1:00 pm Coffee Refills and Chat with RA!! Coloring Crew with RA in the Dining Room 3:00 pm Movie Mattinee in the Day Room with RA 6:00 pm Evening Cards Club with RA in the Dining Room</p>	<p>1</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chronicle Reading and Wacky Weather Update with Annalise 11:00 am Morning Movement with Annalise 12:30 PM Still Life Painting with Annalise –Winter Scenes 2:00 pm Music Discussion 3:00 pm EZ Yahtzee Dice 4:00 pm Elvis Candy Bingo!! in the Dining Room 6:00pm "Sing with RA" in the Day Room</p>	<p>2</p> <p>10:00 am Daily Chronicle and Good News Network!! With Annalise 10:30 am Morning Movement with Greta 11:00 am Bible Study with Annalise 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Nails & Hair Grooming! 2:00 pm Jewelry Making with Annalise 3:00 pm Remembering Getting Your Driver's License 4:00 pm Wrap-and-Weave Bowl 6:00 pm "Game night with RA" Balloon Volleyball!!! And 60s Hits 7:00 pm Classic Movie Night!</p>	<p>3</p> <p>10:00 am Day Room Concert with Micheal Riddle!! 11:00 am Daily Chronicle & Good News Network with Greta 1:00 pm Fads and Fashions of the 1940s 2:00 pm Afternoon Yoga Dancing with Annalise!! 3:00 pm Classical Music – Vivaldi's The Four Seasons 4:00 pm Fun with Snow!!!! 6:00 pm Evening Puzzle Club!! In the Dining Room with RA 7:00 pm</p>	<p>4</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chronicle and Good News Network!! With Annalise 11:00a Morning Movement w/Greta 1:00 pm Sowing Seeds of Victory 2:00 pm Elvis Candy Bingo!! In the Day Room 3:00 pm Star of the Month – Joan Crawford 4:00 pm 1:1 Music Therapy with Annalise!! And Happy Hour!! 6:00 pm Game Night with RA Family Fued!!! 7:00 pm Music Party in the Day Room with RA!!</p>	<p>5</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chornicle and Smoothies with Annalise 11:00 am Morning Movement with Greta! 12:30 pm Creative Expressions with Annalise and Greta Bubble Wrap Printmaking 1:00 pm Nails & Hair Grooming! 2:00 pm Does It Jive in the 1940s? 3:00 pm Guess the Celebrity!! 4:00 pm Evening Sing-Along w/Greta 6:00 pm Friday Movie Night with RA in the day Room</p>	<p>6</p> <p>9:00 am Pamper Me Morning!! 10:30 am Morning Movement with Greta 10:30 am Daily Chronicle Reading with RA in Day Room 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Cooking up with Greta in the Dining Room Puppy Chow 3:00 pm Listen and Learn about Benny Goodman 4:00 pm Balloon Volleyball in Day Room with RA 6:00 pm Evening Sing- Along with RA</p>
<p>7</p> <p>9:00 am Pamper Me Morning!! 10:00 am Morning Movement on YouTube with RA in the Day Room 10:30 am Daily Chronicle Reading & Christmas Hymn Sing Along! With the RA 11:00 am Reading of Life's Keys to Happiness 1:00 pm Coffee Refills and Chat with RA!! Coloring Crew with RA in the Dining Room 3:00 pm Movie Mattinee in the Day Room with RA 6:00 pm Evening Cards Club with RA in the Dining Room</p>	<p>8</p> <p>10:00a Pamper Me Morning 10:30 am Reading of Letter from Birmingham and King Quotes with Annalise 11:00 am Morning Movement with Annalise 12:30 PM "I Have a Dream" Program 2:00 pm Doves of Peace 3:00 pm Painting MLK 4:00 pm Discussion and Learning MLK and the Civil Rights Timeline 6:00pm "Sing with RA" in the Day Room</p>	<p>9</p> <p>10:00 am Daily Chronicle and Good News Network!! With Annalise 10:30 am Morning Movement with Greta 11:00 am Bible Study with Annalise Morning Prayer – Psalm 138 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Nails & Hair Grooming! 2:00 pm Jewelry Making with Annalise 3:00 pm Order Up & EZ Does It Random Trivia 4:00 pm Short Story: Ringing in the New Year</p>	<p>10</p> <p>10:00 am Day Room Concert with Micheal Riddle!! 11:00 am Daily Chronicle & Good News Network with Greta 1:00 pm Arm Chair Traveler to Chicago!! 2:00 pm Chicago Hot Dog Tasting Tasting and Cubs Game in the Day Room 3:00 pm Explore Chicago on Google Maps! 4:00 pm Chicago Trivia 6:00 pm Evening Puzzle Club!! In the Dining Room with RA 7:00 pm</p>	<p>11</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chronicle and Good News Network!! With Annalise 11:00a Morning Movement w/Greta 1:00 pm The Funny '40s 2:00 pm Elvis Candy Bingo!! In the Day Room 3:00 pm Giant Hershey Kiss 4:00 pm 1:1 Music Therapy with Annalise!! And Happy Hour!! 6:00 pm Game Night with RA Family Fued!!! 7:00 pm Music Party in the Day Room with RA!!</p>	<p>12</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chornicle and Smoothies with Annalise 11:00 am Morning Movement with Greta! 12:30 pm Creative Expressions with Annalise and Greta Group Mandala 1:00 pm Nails & Hair Grooming! 2:00 pm Would You Rather? 3:00 pm Guess the Celebrity!! 4:00 pm Evening Sing-Along w/Greta 6:00 pm Friday Movie Night with RA in the day Room</p>	<p>13</p> <p>9:00 am Pamper Me Morning!! 10:30 am Morning Movement with Greta 10:30 am Daily Chronicle Reading with RA in Day Room 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Cooking up with Greta in the Dining Room Chocolate Covered Bananas 2:00 pm Sharing of the 20th Amendment and what it says 4:00 pm Balloon Volleyball in Day Room with RA 6:00 pm Evening Sing- Along with RA</p>
<p>14</p> <p>9:00 am Pamper Me Morning!! 10:00 am Morning Movement on YouTube with RA in the Day Room 10:30 am Daily Chronicle Reading & Hymn Sing Along! With the RA 11:00 am Learn why giving and receiving compliments is important 1:00 pm Coffee Refills and Chat with RA!! Coloring Crew with RA in the Dining Room 3:00 pm Movie Mattinee in the Day Room with RA 6:00 pm Evening Cards Club with</p>	<p>15</p> <p>10:00a Pamper Me Morning 10:30 am Reading of Letter from Birmingham and King Quotes with Annalise 11:00 am Morning Movement with Annalise 12:30 PM "I Have a Dream" Program 2:00 pm Doves of Peace 3:00 pm Painting MLK 4:00 pm Discussion and Learning MLK and the Civil Rights Timeline 6:00pm "Sing with RA" in the Day Room</p>	<p>16</p> <p>10:00 am Daily Chronicle and Good News Network!! With Annalise 10:30 am Morning Movement with Greta 11:00 am Bible Study with Annalise Morning Prayer – Psalm 138 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Nails & Hair Grooming! 2:00 pm Jewelry Making with Annalise 3:00 pm Order Up & EZ Does It Random Trivia 4:00 pm Short Story: Ringing in the New Year 6:00 pm "Game night with RA" Balloon Volleyball!!! And 60s Hits</p>	<p>17</p> <p>10:00 am Day Room Concert with Micheal Riddle!! 11:00 am Daily Chronicle & Good News Network with Greta 1:00 pm Arm Chair Traveler to Chicago!! 2:00 pm Chicago Hot Dog Tasting Tasting and Cubs Game in the Day Room 3:00 pm Explore Chicago on Google Maps! 4:00 pm Chicago Trivia 6:00 pm Evening Puzzle Club!! In the Dining Room with RA 7:00 pm</p>	<p>18</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chronicle and Good News Network!! With Annalise 11:00a Morning Movement w/Greta 1:00 pm The Funny '40s 2:00 pm Elvis Candy Bingo!! In the Day Room 3:00 pm Giant Hershey Kiss 4:00 pm 1:1 Music Therapy with Annalise!! And Happy Hour!! 6:00 pm Game Night with RA Family Fued!!! 7:00 pm Music Party in the Day Room with RA!!</p>	<p>19</p> <p>10:00a Pamper Me Morning 10:30 am Daily Chornicle and Smoothies with Annalise 11:00 am Morning Movement with Greta! 12:30 pm Creative Expressions with Annalise and Greta Group Mandala 1:00 pm Nails & Hair Grooming! 2:00 pm Would You Rather? 3:00 pm Guess the Celebrity!! 4:00 pm Evening Sing-Along w/Greta 6:00 pm Friday Movie Night with RA in the day Room</p>	<p>20</p> <p>9:00 am Pamper Me Morning!! 10:30 am Morning Movement with Greta 10:30 am Daily Chronicle Reading with RA in Day Room 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Cooking up with Greta in the Dining Room Chocolate Covered Bananas 2:00 pm Sharing of the 20th Amendment and what it says 4:00 pm Balloon Volleyball in Day Room with RA 6:00 pm Evening Sing- Along with RA</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21 9:00 am Pamper Me Morning!! 10:00 am Morning Movement on YouTube with RA in the Day Room 10:30 am Daily Chronicle Reading & Hymn Sing Along! With the RA 11:00 am 1:00 pm Coffee Refills and Chat with RA!! Coloring Crew with RA in the Dining Room 3:00 pm Movie Mattinee in the Day Room with RA 6:00 pm Grammy Party!!!!</p>	<p>22 10:00a Pamper Me Morning 10:30 am Daily Chronicle Reading and Wacky Weather Update with Annalise Celebrating Black History Month 11:00 am Morning Movement with Annalise 12:30 PM Still Life Painting with Annalise – Blue Jays 2:00 pm Music Discussion Broadway Sing-Along 3:00 pm Cupid's Arrows 4:00 pm Valentine Candy Bingo!! in the Dining Room 6:00pm "Sing with RA" in the Day Room</p>	<p>23 10:00 am Daily Chronicle and Good News Network!! With Annalise 10:30 am Morning Movement with Greta 11:00 am Bible Study with Annalise 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Heart-Filled Candy Toss 2:00 pm Jewelry Making with Annalise 3:00 pm Who Am I? Shadow Game 4:00 pm Can You Picture This? -FEB 6:00 pm "Game night with RA" Balloon Volleyball!! And 60s Hits 7:00 pm Classic Movie Night!</p>	<p>24 10:00 am Day Room Concert with Micheal Riddle!! 11:00 am Daily Chronicle & Good News Network with Greta 1:00 pm Who Am I? – Duke Ellington & Well-Grounded 2:00 pm Afternoon Yoga Dancing with Annalise!! 3:00 pm Valentine Pictionary 4:00 pm Love Is in the Air Trivia 6:00 pm Evening Puzzle Club!! In the Dining Room with RA 7:00 pm Love Stories and Hot Cocoa with RA's</p>	<p>25 10:00a Pamper Me Morning 10:30 am Daily Chronicle and Good News Network!! With Annalise 11:00a Morning Movement w/Greta 1:00 pm Drama Club- Jumpin' Jack's 2:00 pm Valentine Candy Bingo!! In the Day Room 3:00 pm Conversation Heart Stacking The Furry Forecaster Mad Lib 4:00 pm Who Am I? Shadow Game 6:00 pm Game Night with RA Family Fued!!! 7:00 pm Music Party in the Day Room with RA!!</p>	<p>26 10:00a Pamper Me Morning 10:30 am Daily Chornicle and Smoothies with Annalise & Super Bowl Commercials 11:00 am Morning Movement with Greta! 12:30 pm Creative Expressions with Annalise and Greta Ink Blot Art 1:00 pm Nails & Hair Grooming! 2:00 pm Love Thy Neighbor 3:00 pm Tie a Red Ribbon 4:00 pm Evening Sing-Along w/Greta 6:00 pm Friday Movie Night with RA in the day Room</p>	<p>27 9:00 am Pamper Me Morning!! 10:30 am Morning Movement with Greta 10:30 am Daily Chronicle Reading with RA in Day Room 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Cooking up with Greta in the Dining Room Chocolate Pie (The Queens Favorite) 2:00 pm Showing of The Crown on Netflix 3:00 pm Reading about Queen Elizabeth 4:00 pm Coffee Refills & Chat!! With RA in Dining Room</p>
<p>28 9:00 am Pamper Me Morning!! 10:00 am Morning Movement on YouTube with RA in the Day Room 10:30 am Football Film Fest <i>The Blindside, Remember the Titans,</i> 1:00 pm Reminisce about past Super Bowl winners 3:00 pm Movie Mattinee in the Day Room with RA <i>Friday Night Lights</i> 5:00 pm Watch the Super Bowl!! And enjoy chips & dip!! 6:00 pm Evening Cards Club with RA in the Dining Room</p>	<p>29 10:00a Pamper Me Morning 10:30 am Daily Chronicle Reading and Wacky Weather Update with Annalise 11:00 am Morning Movement with Annalise 12:30 PM Still Life Painting with Annalise- Italy 2:00 pm Music Discussion- Valentine's Day Sing-Along 3:00 pm Blinded by Love 4:00 pm Valentine Candy Bingo!! in the Dining Room 6:00pm "Sing with RA" in the Day Room</p>	<p>30 10:00 am Daily Chronicle and Good News Network!! With Annalise 10:30 am Morning Movement with Greta 11:00 am Bible Study with Annalise 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Nails & Hair Grooming! 2:00 pm Jewelry Making with Annalise 3:00 pm Heart-Filled Candy Toss 4:00 pm The Furry Forecaster Mad Lib 6:00 pm "Game night with RA" Balloon Volleyball!! And 60s Hits 7:00 pm Classic Movie Night!</p>	<p>31 10:00 am Day Room Concert with Micheal Riddle!! 11:00 am Daily Chronicle & Good News Network with Greta 1:00 pm Find Your Heart- Mate & Love Read Aloud 2:00 pm Afternoon Yoga Dancing with Annalise!! 3:00 pm Explore Historic Places of the Civil Rights Movement 4:00 pm Secret Valentine & Guess the Kisses 6:00 pm Evening Puzzle Club!! In the Dining Room with RA 7:00 pm</p>	<p>1 10:00a Pamper Me Morning 10:30 am Daily Chronicle and Good News Network!! With Annalise 11:00a Morning Movement w/Greta 1:00 pm 2:00 pm Valentine Candy Bingo!! In the Day Room 3:00 pm Steal My Hearts Game 4:00 pm 1:1 Music Therapy with Annalise!! And Happy Hour!! 6:00 pm Game Night with RA Family Fued!!! 7:00 pm Music Party in the Day Room with RA!!</p>	<p>2 10:00a Pamper Me Morning 10:30 am Daily Chornicle and Smoothies with Annalise & Fortune Cookies 11:00 am Morning Movement with Greta! 12:30 pm Creative Expressions with Annalise and Greta Kandinsky Circles 1:00 pm Nails & Hair Grooming! 2:00 pm Pin the Heart on Cupid 3:00 pm Valentine Cupcake Walk 4:00 pm Evening Sing-Along w/Greta 6:00 pm Friday Movie Night with RA in the day Room</p>	<p>3 9:00 am Pamper Me Morning!! 10:30 am Morning Movement with Greta 10:30 am Daily Chronicle Reading with RA in Day Room 12:30 pm Music Therapy with Karen Hillman in the Day Room 1:00 pm Cooking up with Greta in the Dining Room Love Bug Fruit Cups 2:00 pm Snack Time matching puzzle 3:00 pm Surprising Facts about Snacks 4:00 pm Balloon Volleyball in Day Room with RA 6:00 pm Evening Sing- Along with RA</p>

