


March 2021

Activities Calendar



Assisted Living

 <p>THE PILLARS OF HIGHLAND PARK SENIOR LIVING ASSISTED LIVING MEMORY CARE</p>		<p>L – Lobby DR – Dining Room RR – River Room T2 – 2nd floor Theater W3 – 3rd floor Wellness Rm CH4 – 4th floor Chapel</p>	<p><i>Calendar is subject to change</i></p> <p><i>Check for daily updates and additions</i></p>			
1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday	6 Saturday	
<p>World Compliment Day 9:30 AM Morning Highlights 10:00 AM Chair Exercise – CH4 1:00 PM 1:1 visits with Andy 2:00 PM Prize Bingo– CH4 3:30 PM Rick Steves’ Europe: Belfast & Northern Ireland- T2</p>	<p>9:30 AM Trivia Tuesday 10:00 AM Chair Exercise– CH4 2:00 PM Socially-Distanced Scrabble– CH4 3:30 PM TPT Documentary: Lost Twin Cities- Episode 5</p>	<p>9:30 AM Morning Devotional 10:00 AM Chair Exercise– CH4 Lunch – Music in the dining room - DR 2:30 PM Video Catholic Church Service– T2 3:30 PM Technology Help and Training-Sign up at the front desk</p>	<p>9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 1:00 PM 1:1 visits with Andy And Greta 2:00 PM Scenic Bus Ride – sign up with the front desk - L 3:30 PM MacPhail Music for Life: Folk music of China- T2</p>	<p>9:30 AM Exercise your Brain with Puzzles! 10:00 AM Chair Exercise– CH4 1:00 PM Church service W/ Pastor Fred Hanson</p> <p><u>Afternoon</u> door-to-door Happy Hour 6:30 PM Movie @ T2: <i>TBD</i></p>	<p>National Oreo Cookie Day 10:00 AM Weekend Crossword Puzzle 1:30 PM Movie @ T2: TBD</p>	
		7 Sunday				
				<p>Sunday Scripture Readings 10:00 AM Church Service– T2</p>		
8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday	13 Saturday	
<p>9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 2:00 PM Prize Bingo– CH4</p>	<p>9:30 AM Trivia Tuesday 10:00 AM Chair Exercise– CH4 2:00 PM Socially-Distanced Scrabble– CH4</p>	<p>9:30 AM Morning Devotional 10:00 AM Chair Exercise– CH4 Lunch – Music in the dining room - DR 1:30 PM Video Protestant Church Service– T2 2:30 PM Video Catholic Church Service– T2</p>	<p>9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 1:00 PM 1:1 Visits with Greta 2:00 PM Schwan’s @ Lobby 3:30 PM Rick Steves’ Europe: Dublin & Mystical Side Trips - T2</p>	<p>9:30 AM Exercise your Brain with Puzzles! 10:00 AM Chair Exercise– CH4 <u>Afternoon</u> door-to-door Happy Hour 6:30 PM Movie @ T2: <i>TBD</i></p>	<p>10:00 AM Weekend Crossword Puzzle 1:30 PM Movie @ T2: TBD</p>	
				14 Sunday		
				<p>Sunday Scripture Readings 10:00 AM Church Service (video) – T2</p>		

March 2021

Activities Calendar



Assisted Living

15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday	20 Saturday
Presidents' Day 9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 1:00 PM Exercise Machine Info and Demonstrations – W3 2:00 Prize Bingo– CH4 3:30 PM Rick Steves' Europe: South Ireland: Waterford to the Ring of Kerry- T2	9:30 AM Trivia Tuesday 10:00 AM Chair Exercise– CH4 2:00 PM Socially-Distanced Scrabble– CH4 2:00 PM Scenic Bus Ride – sign up with the front desk- L 3:30 PM PBS Great Performances The Magic of Horowitz	St. Patrick's Day 9:30 AM Morning Devotional 10:00 AM Chair Exercise – CH4 Lunch – Music in the dining room - DR 2:00 PM St. Patrick's Day Happy Hour – Session #1- DR 3:00 PM St. Patrick's Day Happy Hour – Session #2- DR	9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 12:30 PM 1:1 Visits with Andy and Greta 1:15 PM – 3:00 PM Hallway Concert with guitarist-Michael Riddle 3:30 PM "Farkle" – a fun and easy-to-learn dice game – CH4	9:30 AM Exercise your Brain with Puzzles! 10:00 AM Chair Exercise– CH4 Vaccine for those who need the 2nd dose: – Schedule TBA Afternoon door-to-door Happy Hour 6:30 PM Movie @ T2: TBD	10:00 AM Weekend Crossword Puzzle 1:30 PM Movie @ T2: TBD
22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday	27 Saturday
9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 1:00 PM 1:1 visits with Andy 2:00 PM Prize Bingo– CH4 3:30 PM Rick Steves' Europe: West Ireland: Dingle, Galway, and the Aran Islands – T2	9:30 AM Trivia Tuesday 10:00 AM Chair Exercise– CH4 2:00 PM Socially-Distanced Scrabble– CH4 3:30 PM MacPhail Music for Life : Theme TBA– T2	9:30 AM Morning Devotional 10:00 AM Chair Exercise– CH4 Lunch – Music in the dining room- Sax & Piano - DR 1:30 PM Video Protestant Church Service– T2 2:30 PM Video Catholic Church Service– T2	9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 12:30 PM 1:1 Visits 2:00 PM Schwan's @ Lobby 2:00 PM Scenic Bus Ride – sign up with the front desk- L 3:30 PM Virtual Choir performances: Watch and learn about a new musical group– T2	9:30 AM Exercise your Brain with Puzzles! 10:00 AM Chair Exercise – CH4 Afternoon door-to-door Happy Hour 6:30 PM Movie @ T2: TBD	10:00 AM Weekend Crossword Puzzle 1:30 PM Movie @ T2:
29 Monday	30 Tuesday	31 Wednesday			Calendar is subject to change Check for daily updates and additions L – Lobby DR – Dining Room RR – River Room T2 – 2 nd floor Theater CR – Community Room W3 – 3 rd floor Wellness Rm CH4 – 4 th floor Chapel
9:30 AM Morning Highlights 10:00 AM Chair Exercise– CH4 1:00 PM 1:1 visits with Andy 2:00 PM Prize Bingo– CH4 3:30 PM Music Trivia and Name That Tune– CH4	9:30 AM Trivia Tuesday 10:00 AM Chair Exercise– CH4 2:00 PM "Farkle" – a fun and easy-to-learn dice game– CH4 3:30 PM Rick Steves' Europe: Belfast & Northern Ireland- T2	9:30 AM Morning Devotional 10:00 AM Chair Exercise– CH4 Lunch – Music in the dining room- Sax & Piano - DR 1:30 PM Video Protestant Church Service– T2 2:30 PM Video Catholic Church Service– T2			
15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday	20 Saturday
					21 Sunday Sunday Scripture Readings 10:00 AM Church Service (video) – T2
22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday	27 Saturday
					28 Sunday Palm Sunday Sunday Scripture Readings